



# Bringing the Bible to Life

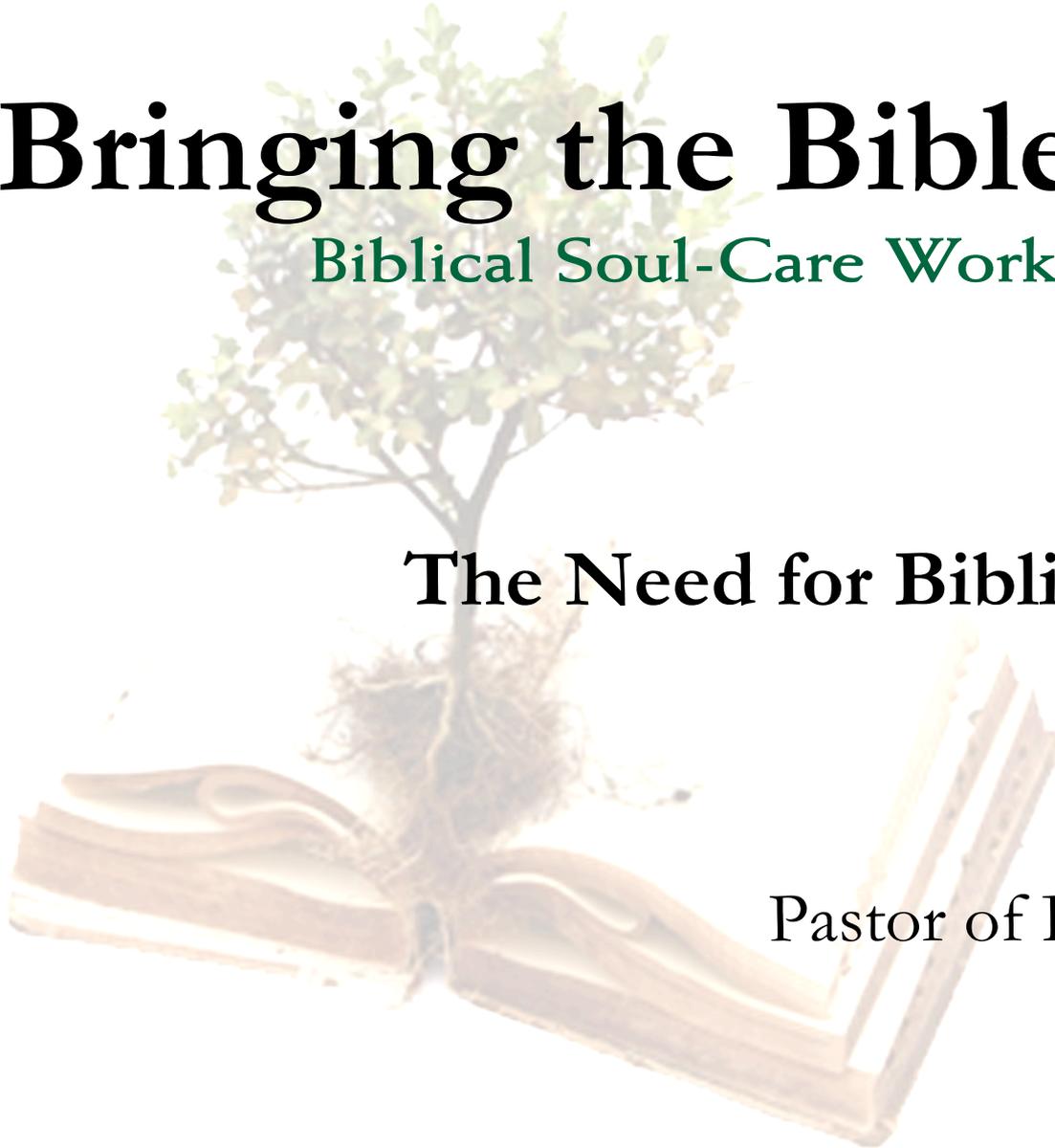
Biblical Soul-Care Workshops

**The Need for Biblical Counseling**

Track II.2

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# Homework from last week

- Main take-aways from last week?
- Article “*How Biblical Counseling Helps Churches Fulfill the Great Commission*” by Rob Green
- Track I review



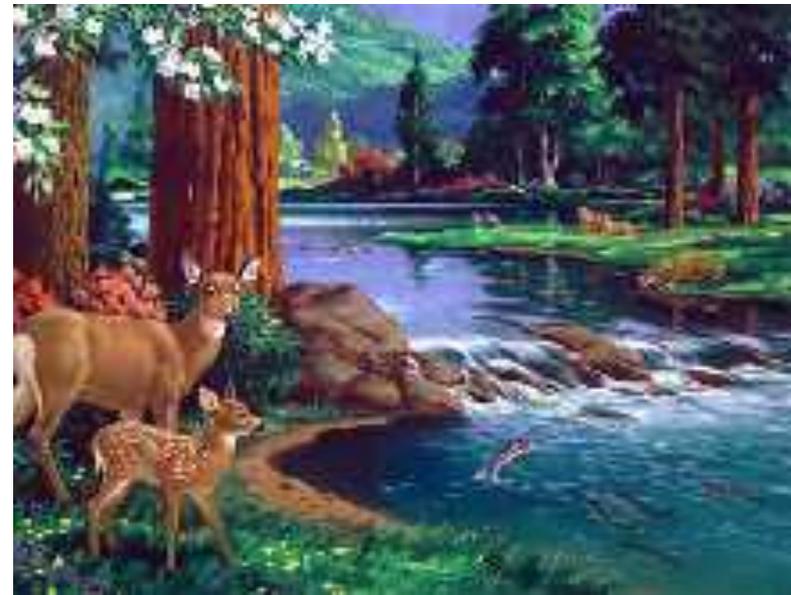
# Adam Needed Counsel before Sin

- Adam depended on God for his physical need
- Adam depended on God for his spiritual need
- Adam & Eve were created in His Image, yet dependent, **NOT** autonomous, before sin

Man shall live...

by every word from

God's mouth... Matt.4:4





# Man was created to Need God's Word

To know his

- **Needs:** for wisdom, righteousness, sanctification and redemption. (1 Cor. 1:30)
- **Identity**
- **Purpose** in life



# Failure to Heed God's Word

Sin and rebellion resulting in hardship, trouble, problems, grief, sorrow, pain...

Failure to heed biblical counsel has devastating results.





# Rebellion brought Trouble Trouble brought Redemption

- through the passion of Christ
- as proclaimed by The Gospel the good news, suffering is the solution to the devastating effects of the Fall.
- *Trouble is not BAD for the Believer,*
- *trouble is just HARD*



# God uses Suffering to Redeem for His Glory





# Redeemed - a new Identity

- Christ is my life...by faith in the Son of God, who loved me and gave himself for me. Therefore I believe that...
  - God is as good as He says He is.
  - God is too holy to deceive me.
  - His love is able to keep me.
    - Don' t think your sin/record is too great.
    - Don' t think you' re able to heal yourself.
    - Simply look and live! (Jn. 3:14-15)



# Redeemed for Our Good

- Worship
- Glorify God vs. man
- Please God vs. self - becoming more like Christ

**MIND TRUTH WILL**



**PASSION**

*EMOTIONS*

**Track of TRUTH**



# The Great Commission

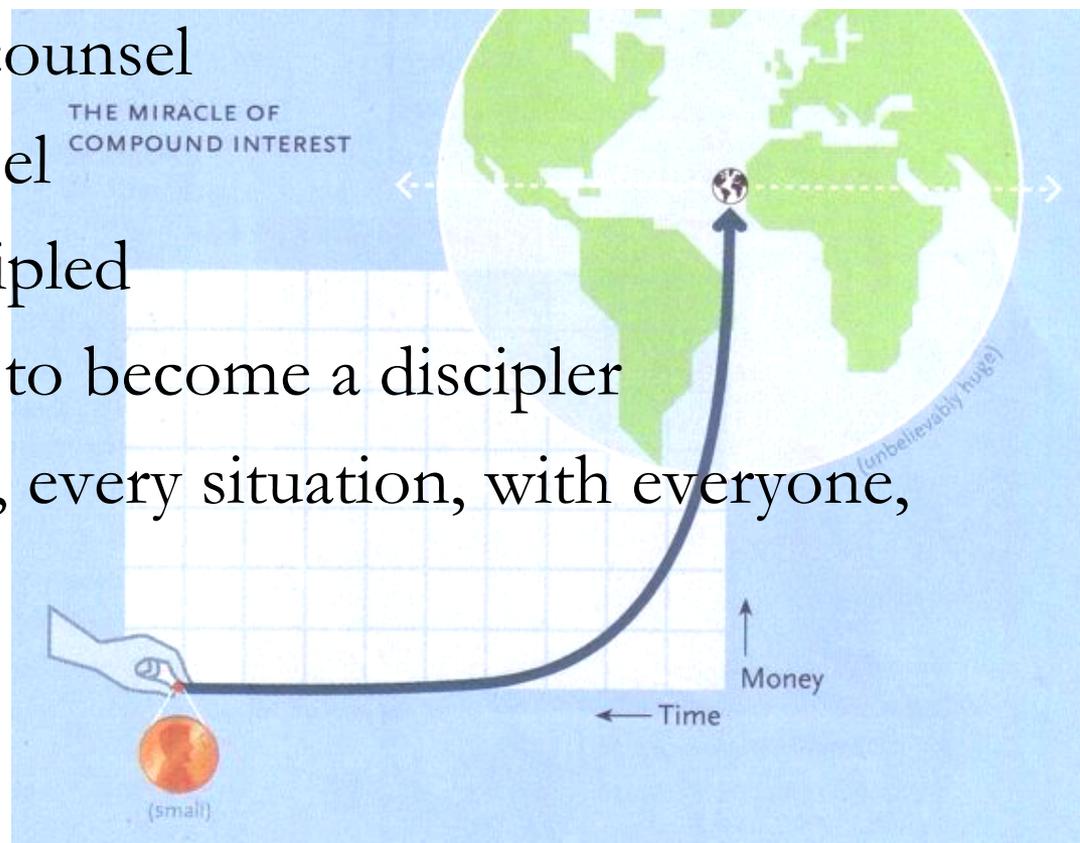
proclaims the Good News of the Kingdom to a fallen world so that lost humanity might come to faith and repentance and thus be enabled to hear and understand the voice of God the way it was intended from the beginning

- <sup>19</sup>Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, <sup>20</sup>teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age. (Matt. 28:19-20 ESV)



# The Great Commission is a Command for Soul-Care

- Everyone counsels; every time you speak, you counsel
- Is your counsel biblical?
- Everyone is called to counsel
- Everyone needs counsel
- Everyone is to be disciplined
- Everyone should seek to become a discipler
- Everyone, everywhere, every situation, with everyone, all of the time.





# The Great Commission is a Command for Soul-Care

- Biblical Soul-Care sees the universal need for the word of God to direct the soul of man and seeks to meet that need thru obedience to the Great Commission... teaching, baptizing, teaching for the purpose of obedience...becoming like Christ. (Lu. 6:40)
- <sup>19</sup>Therefore whoever relaxes one of the least of these commandments and teaches others to do the same will be called least in the kingdom of heaven, but *whoever does them and teaches them* will be called great in the kingdom of heaven. (Matt. 5:19 ESV)



# The Great Commission is a Command for Soul-Care

The goal of Soul-Care is discipleship (progressive sanctification), becoming more like Christ in the troubles & sufferings of a broken, fallen world. (1 Jn. 1:3-10; Ja. 1:2-4)

- Self-denial (Phil. 2:1-8)
- Submission (Lu. 2:51-52)
- Service (Matt. 20:28; Mk. 10:45)
- Suffering (Is. 53)
- Sacrifice (1 Pet.2:24)

**The chronology of Christ's life**

# Goal: Sanctification

*Unto the measure of the stature of  
the fullness of Christ (4:13)*

# Context: Church

*the whole body fitly  
joined together  
(4:16)*

*Pointing to  
Christ*

**Inspiring**

*to make all men see  
what is the fellowship of the mystery (3:9)*

**Motivation: Worship**

**Method: Discipleship**

**Loving each other - like Christ**

**Incarnating Christ**

**walk in love (5:2); edifying the body of Christ (4:12)**

*Exalting and loving Christ*

**Identifying with Christ**

*That we should be to the praise of his glory (1:12)*

*...in righteousness and true holiness (4:24); to know the love of Christ (5:2)*

*Bought by Christ*

**Identity in Christ**

*created in Christ Jesus (2:10)*

**Presenting the Truth (Evangelism) (Eph. 1-3)**

**COMMITTED**

**RELATIONSHIPS**



# Soul-Care is the Elders' Responsibility

“The primary word of advice would be that counseling is your job. That does not mean that every pastor must counsel every member of the congregation, but it means the counseling ministry of the congregation is a pastoral responsibility in shepherding the flock. So a pastor who out-sources counseling is out-sourcing his pastoral responsibility and he will be held accountable for that at judgment. That means thinking through issues of counseling and implementing counseling within the congregation is of utmost importance.”

Russell Moore, SBTS



# Soul-Care is the Elders' Responsibility

**Shepherd**

**Teach**

**Admonish** - placing God's word into the mind

**Exhort**

**Comfort**



# Soul-Care is the Elders' Responsibility

## Admonish & Teach

<sup>19</sup>servicing the Lord with all humility and with tears and with trials that happened to me through the plots of the Jews; <sup>20</sup>how I did not shrink from declaring to you anything that was profitable, and teaching you in public and from house to house, <sup>21</sup>testifying both to Jews and to Greeks of repentance toward God and of faith in our Lord Jesus Christ.

<sup>31</sup>Therefore watch, and remember, that by the space of three years I ceased not to warn every one night and day with tears. (Acts 20:19-21,31 ESV)



# Soul-Care is the Elders' Responsibility

## Admonish & Teach

And we urge you, brothers, admonish the idle, encourage the fainthearted, help the weak, be patient with them all. (1 Thess. 5:14 ESV)

Do not regard him as an enemy, but warn him as a brother. (2 Thess. 3:15 ESV)



# Soul-Care is Your Responsibility

## Admonish & Teach

<sup>1</sup>But as for you, **teach** what accords with sound doctrine.

<sup>2</sup>Older men are to be sober-minded, dignified, self-controlled, sound in faith, in love, and in steadfastness.

<sup>3</sup>Older women likewise are to be reverent in behavior, not slanderers or slaves to much wine. **They are to teach** what is good, <sup>4</sup>and **so train** the young women to love their husbands and children, <sup>5</sup>to be self-controlled, pure, working at home, kind, and submissive to their own husbands, that the word of God may not be reviled. <sup>6</sup>Likewise, urge the younger men to be self-controlled. (Tit. 2:1-6 ESV)



# Soul-Care is Your Responsibility

And what you have heard from me in the presence of many witnesses entrust to faithful men who will be able to teach others also.

(2 Tim. 2:2 ESV)

And every day, in the temple and from house to house, they did not cease teaching and preaching that the Christ is Jesus. (Acts 5:42 ESV)



# Soul-Care is Your Responsibility

- **To Comfort**

For whatever was written in former days was written for our instruction, that **through endurance** and through the **encouragement** of **the Scriptures we might have hope.**

(Romans 15:4 ESV)

Therefore **encourage** one another with these words. (1 Thess. 4:18 ESV)



# Soul-Care is Your Responsibility

## To Comfort

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God. For as we share abundantly in Christ's sufferings, so through Christ we share abundantly in comfort too. If we are afflicted, it is for your comfort and salvation; and if we are comforted, it is for your comfort,



# Soul-Care is Your Responsibility

which you experience when you patiently endure the same sufferings that we suffer.

Our hope for you is unshaken, for we know that as you share in our sufferings, you will also share in our comfort. For we do not want you to be unaware, brothers, of the affliction we experienced in Asia. For we were so utterly burdened beyond our strength that we despaired of life itself. Indeed, we felt that we had received the sentence of death. But that was to make us rely not on ourselves but on God who raises the dead.  
(2 Cor. 1:3-9 ESV)



# Universal Responsibility To Exhort & Encourage

For you remember, ...we proclaimed to you the gospel of God. [10] You are witnesses, and God also, how holy and righteous and blameless was our conduct toward you believers. [11] For you know how, like a father with his children, [12] we **exhorted** each one of you and **encouraged** you and **charged you** to walk in a manner worthy of God, who calls you into his own kingdom and glory. (1 Thess. 2:9-12 ESV)



# Universal Responsibility To Exhort

<sup>11</sup>Therefore encourage one another and build one another up [edify], just as you are doing. <sup>12</sup>We ask you, brothers, to respect those who labor among you and are over you in the Lord and admonish you, <sup>14</sup>And we urge you, brothers, admonish [nouetheto] the idle, encourage [paramutheomai] the fainthearted, help [antechomai] the weak, be patient with them all. <sup>15</sup>See that no one repays anyone evil for evil, but always seek to do good to one another and to everyone.

(1 Thess. 5:11-15 ESV)



# Examples of Biblical Soul-Care

- Christ, constantly counseled from the scriptures
- Paul Acts. 20
- James - exhorts from the Sermon on the Mount
- John - exhorts with the Gospel - *to believe unto salvation*
- Epistles - to embrace fellowship, joy, love, right-living, avoid deception, assurance, boldness in the judgment



# Examples of Biblical Counseling

- **1 Peter**
  - Exhorts re: Grace in trials/suffering
  - Right response in counseling-related issues
- **2 Peter**
  - Source of our sufficiency
- **James**
  - Responding to trials & temptation
  - Two Sources of Wisdom
  - Responding to conflict



# Homework

- Summarize your main take-aways from this session, especially noting any areas that were either unclear to you or that you might disagree.



# Going Deeper

- Acts 20:31; Rom.15:14; 1 Cor. 4:14; Col. 1:28,3:16; 1 Thess.5:12,14; II Thess. 3:15; Matt.4:4; Jn.14:16; Gal. 6:1
- *Counsel from the Cross*, Elyse Fitzpatrick
- *Seeing with New Eyes*, David Powlison
- *Crosstalk*, Michael Emlet
- *The Sufficiency of Christ*, John MacArthur
- Chapter 3 *Why Biblical Counseling and not Psychology* from the book, *Counseling; How to Counsel Biblically*, by John MacArthur (Available @ BBCM \$18.50)
- *The Sufficiency of Scripture*, 2-part sermon-series, John MacArthur, gty.org



# Next Classes

- **II.3** *What Makes Biblical Counseling Biblical*
- **II.4** *Biblical Discernment*
- **II.5** *Handling God's Word*
- **II.6** *Who is God and Why it Matters*
- **II.7** *The Role of the Church*
- **II.8** *Qualifications of a Biblical Counselor*
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# Bringing the Bible to Life



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