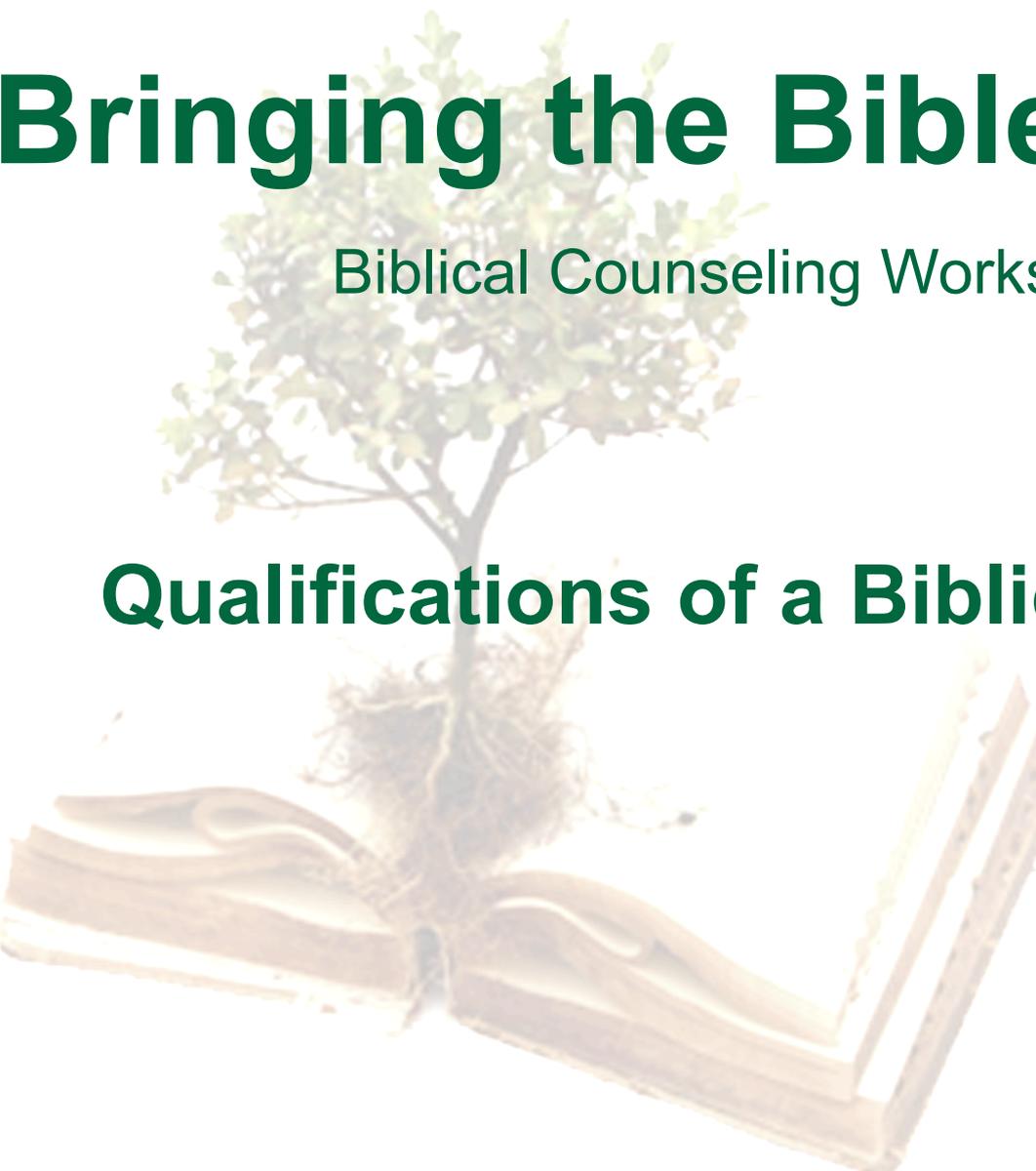


# Bringing the Bible to Life

A conceptual image showing a tree with green leaves and a brown trunk, with its roots growing out of an open, aged book. The book is open to two pages, and the tree's trunk is positioned in the center where the pages meet. The background is a light, warm yellowish-green gradient.

Biblical Counseling Workshops

## Qualifications of a Biblical Counselor

Track II.8

Wayne Leman



# Am I Qualified for Burden-bearing?

Will you love me? Can I Trust you? Will you betray me?  
Will you care about me? Will you listen to me?  
Will you tell me the truth?



**Bear one another's burdens,  
and so fulfill the law of Christ. Gal.6:2**



# The Goal of Counseling? Become More Like Christ

A disciple is not above his teacher, but everyone when he is fully trained will be like his teacher.

(Lu. 6:40)

“...I always do the things that are pleasing to him.” (Jn.8:29)

“... we make it our aim to **please him.**” (2 Cor.5:9)



# What if I'm NOT like Christ?

## Be Restored, become Like Christ

Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness (Gal. 6:1)

A disciple is not above his teacher, but everyone when he is fully trained will be like his teacher. (Lu. 6:40)



# Me?

## Like *Christ* ???

- <sup>5</sup>For through the Spirit, by faith, we ourselves eagerly wait for the hope of righteousness. <sup>6</sup>For in Christ Jesus neither circumcision nor uncircumcision counts for anything, but only faith working through love. (Gal. 5:5-6)

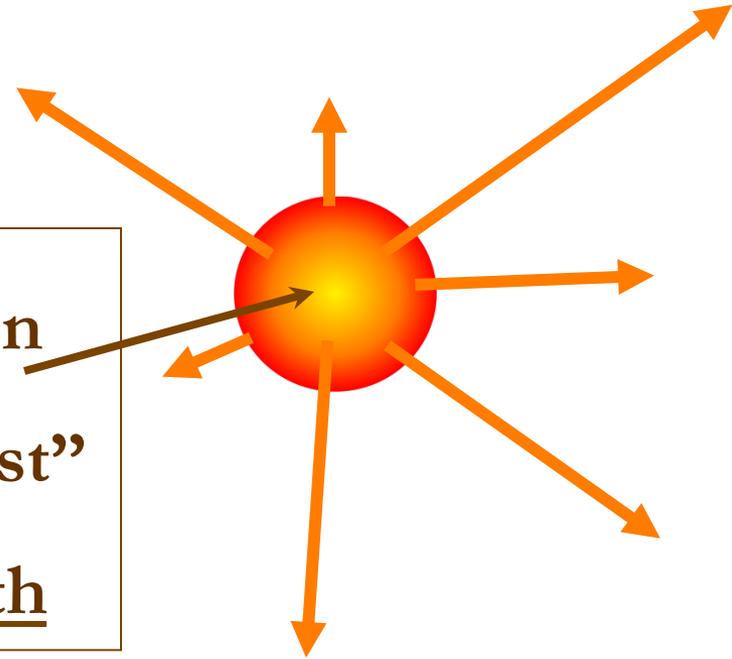


# Me?

## Like *Christ* ???

- Faith working by love (Gal. 5:5-6)
- Love responds in
  - Service
  - Worship
  - Fearing God
  - Holiness
  - Ministry

**Position**  
**“in Christ”**  
**By Faith**



**Progressive Sanctification flows out**  
**of your *standing in Christ***



# Who is Qualified?

<sup>1</sup>Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness. Keep watch on yourself, lest you too be tempted.

<sup>2</sup>Bear one another's burdens, and so fulfill the law of Christ. (Gal. 6:1-2)



# Essential Qualities

## “You who are spiritual”

through the  
*Spirit, by faith*

Gal. 5:5

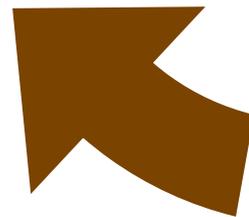
only *faith working*  
*through love.*

Gal. 5:6

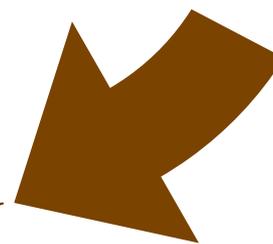
Character

Meekness

Love	<u>Confidence</u> in Holy Spirit' s...	<u>Commitment</u> to God' s...	Compassion
	Power	Word	
	Presence	Wisdom	
	Plan	Way	



Humility  
*Growing*





# Humility

## Biblically Accurate View of Self

*The mindset of Christ,*

*A focus on God and others,*

*A pursuit of the recognition and exaltation of*

*God,*

*And a desire to glorify and please God*

*in all things and by all things He has given.*

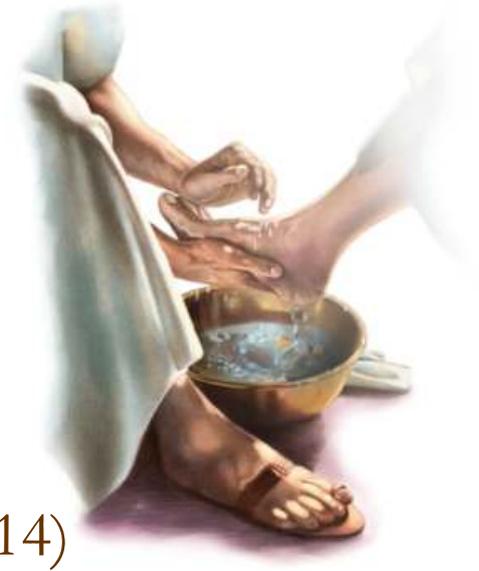
Stuart Scott, *Exemplary Husband*



# Humility

## Biblically Accurate View of Self

<sup>14</sup>If I then, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. <sup>15</sup>For I have given you an example, that you also should do just as I have done to you. <sup>16</sup>Truly, truly, I say to you, a servant is not greater than his master, nor is a messenger greater than the one who sent him. <sup>17</sup>If you know these things, blessed [happy] are you if you do them. (Jn. 13:14)





# Humility

## Biblically Accurate View of Self

The context of Gal. 6:1-2 is **HUMILITY!**

<sup>25</sup>If we **live by the Spirit**, let us also walk by the Spirit.

<sup>26</sup>Let us **not become conceited, provoking** one another, **envying** one another. <sup>6:1</sup>Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness. **Keep watch on yourself**, lest you too be tempted. <sup>2</sup>Bear one another's burdens, and so fulfill the law of Christ. <sup>3</sup>For if anyone thinks he is something, **when he is nothing, he deceives himself**. (Gal. 5:25-6:2)



# Essence of Humility

<b>Sacrifice</b>	Heb. 2:9; Jn. 10:11-15; Is. 53:10
<b>Suffering</b>	Heb. 2:10; Heb. 5:8; 1 Pet. 2:23
<b>Service</b>	Mt. 20:28; Lu. 22:27; Mt. 11:45
<b>Submission</b>	Luke 2:34; Mt. 17:25-27; Mt. 22:21
<b>Self-denial</b>	Phil 2:3-8; Jn.5:19, Jn. 9:3; Jn. 14:10
<b>Self-awareness</b>	Matt. 5:3-4; Is. 6:5; 1 Tim.1:15

**WORSHIP**



# Results of Humility

- Humility Get's God's Attention & Blessing  
<sup>1</sup>“Heaven is my throne, and the earth is my footstool;  
...<sup>2b</sup>But this is the one to whom I will look: he who is humble and contrite in spirit and trembles at my word. (Is. 66:1-2; See also Is..57:15)
- Pride puts us in opposition to God  
(Ja.4:6; 1Pet.5:5)

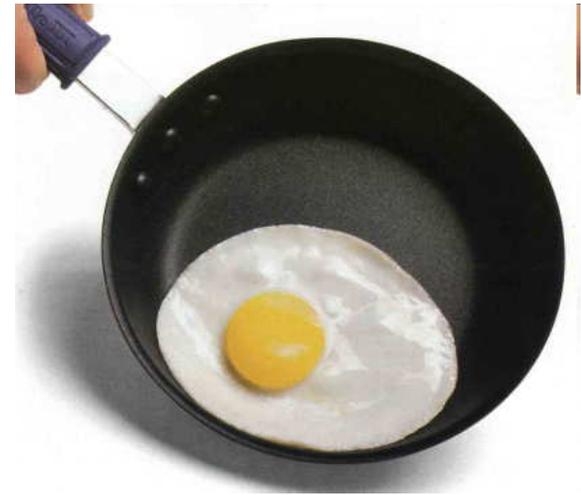


# Results of Humility

- Gets people's attention
  - Pr. 29:23 One's pride will bring him low, but he who is lowly in spirit will obtain honor.
  - Creates opportunities for dialog, relationships
- Produces a “*Teflon-attitude*” in relationship to praise & “success”

My glory I will not give to another.

(Is.48:11b)





# Humility – Confidence in God

- Acknowledges total dependence & confidence in GOD
- Acknowledges confidence in God's Word alone (as the source of wisdom), **not** human wisdom
- <sup>24</sup>And the Lord's servant must not be quarrelsome but kind to everyone, able to teach, patiently enduring evil, <sup>25</sup>correcting his opponents with gentleness. God may perhaps grant them repentance leading to a knowledge of the truth, <sup>26</sup>and they may come to their senses and escape from the snare of the devil, after being captured by him to do his will. (2 Tim. 2:24-26)



# Humility – Only 1 of 4 Personalities Confidence in God



**The Word of God transforms**  
Psalm 19



**2 Tim. 2:24-26**



# Essential Quality - Love

- Love as you love yourself (Matt. 22:37-38)
- Love as I have loved you (Jn. 13:34; 15:12)
- Love worships and serves (Deut. 11:13)
- Love Obeys (Jn. 14:15; 15:10)
- Love Gives actively (Jn. 3:16; 1 Cor. 13)
- Giving isn't enough...



## *“Without Love it profits me nothing”*

- The **aim** of our charge **is love** that issues from a pure heart and a good conscience and a sincere faith. (1 Tim.1:5)
- Love is the natural outworking of the Holy Spirit.
- <sup>37</sup>“If anyone thirsts, let him come to me and drink. <sup>38</sup>Whoever believes in me, as the Scripture has said, ‘Out of his heart will flow rivers of living water.’” (John 7:37-38)



# Results of Love

## Fruit of the Spirit

Joy is love exhilarated

Peace is love at rest

Longsuffering is love on trial

Kindness is love with interpersonal tenderness &  
moral excellence

Goodness is love with active, personal care

Faithfulness is love with confident endurance

Meekness is love *without* personal rights or agendas

Self-control is love with self-restraint.



# Opposite of Love

- The opposite of biblical love is the love of self, worship of self – idolatry which prevents worship (Rom.12:12)
- Lack of Love produces sinful fear (1Jn.4:20); A painful emotion or passion excited by an expectation of evil, or the apprehension of impending danger... accompanied with a desire to avoid or ward off the expected evil.  
**Prevents serving others**
- Lack of Love produces hatred (1Jn.4:20)



# Essential Quality Character/ Maturity

- Begins with salvation – recognizing personal-moral bankruptcy; brokenness
- Personal pursuit of holiness/progressive sanctification/growing and changing
- Keep a close watch on yourself and on the teaching. Persist in this, for by so doing you will save both yourself and your hearers.

(1 Tim. 4:16)



# Essential Quality Character/ Maturity

- Growing in theological knowledge and Biblical wisdom
- I myself am satisfied about you, my brothers, that **you yourselves are full of goodness, filled with all knowledge and able to instruct one another.** (Rom. 15:14)
- **Maturity recognizes the foolishness of human wisdom**



# Essential Quality Character/ Maturity

- <sup>3</sup>His divine power has granted to us all things that pertain to life and godliness, through the knowledge of him who called us to his own glory and excellence, <sup>4</sup>by which he has granted to us his precious and very great promises, so that through them you may become partakers of the divine nature, having escaped from the corruption that is in the world because of sinful desire. (2 Pet.1:3-8)



# Results of Character/ Maturity

- Gets God's attention (Job)
- Brings people to you (Naaman's maid)
- <sup>2</sup>.... the Syrians on one of their raids had carried off a little girl from the land of Israel, and she worked in the service of Naaman's wife. <sup>3</sup>She said to her mistress, "Would that my lord were with the prophet who is in Samaria! He would cure him of his leprosy." <sup>4</sup>So Naaman went in and told his lord, "Thus and so spoke the girl from the land of Israel." <sup>5</sup>And the king of Syria said, "Go now, and I will send a letter to the king of Israel." (2 Ki.5:2-5)



# Results of Character/Maturity

## Meekness

“Is an inwrought grace [woven into the fabric] of the soul; and the exercises of it are *first and chiefly towards God*. It is that temper of spirit in which we accept His dealings with us as good, and therefore without *disputing or resisting*.”

Vine's Expository Dictionary of Biblical Words



# Results of Character/Maturity

## Meekness

- *Meekness is love without personal rights or demands*
- *A lifestyle vs. episodic experiences... surrendering to God's sovereign orchestration of time, circumstances and events as a lifestyle.*
- Esther - the abuse victim who saved a nation



# Results of Character/Maturity Compassion

- Moved/motivated by *tender concern*
  - For neglected souls; the disenfranchised, the hurting
  - See big picture - Joyful Opportunities to Glorify God
- <sup>8</sup>Finally, all of you, have unity of mind, sympathy, brotherly love, **a tender heart**, and a humble mind.  
<sup>9</sup>Do not repay evil for evil or reviling for reviling, but on the contrary, bless, for to this you were called, that you may obtain a blessing. (1 Peter 3:8-9)

**Goal:**  
**Sanctification**

*unto the measure of the stature  
of the  
fullness of Christ  
(4:13)*

**Context:**  
**Church**

*the whole body  
fitly joined together  
(4:16)*



*Pointing  
to Christ*

**Inspiring**

*to make all men see*

*what is the fellowship of the mystery (3:9)*

**Method: Discipleship**

**Motivation: LOVE**

**Loving each other - like Christ**

**Incarnating Christ**

**walk in love (5:2); edifying the body of Christ (4:12)**

*Exalting and loving Christ*

**Identifying with Christ**

*That we should be to the praise of his glory (1:12)*

*...in righteousness and true holiness (4:24); to know the love of Christ (5:2)*

*Bought by Christ*

**Identity in Christ**

*created in Christ Jesus (2:10)*

**Presenting the Truth (Evangelism) (Eph. 1-3)**

**COMMITTED**

**RELATIONSHIPS**



# The Great & First Commandment!

Mt 22:37



1. “To the angel of the church in Ephesus write: ‘The words of him who holds the seven stars in his right hand, who walks among the seven golden lampstands.  
2. “I know your works, your toil and your patient endurance, and how you cannot bear with those who are evil, but have tested those who call themselves apostles and are not, and found them to be false. 3. I know you are enduring patiently and bearing up for my name's sake, and you have not grown weary. 4. But I have this against you, that you have abandoned **the love you had at first**. Remember therefore from where you have fallen; **repent**, and do the works you did at first. If not, I will come to you and remove your **lampstand** from its place, unless you **repent**.



# The Great & First Commandment!

Mt 22:37



**We Cannot substitute WORK for God,  
For WORSHIP for God!!!**



You need to Help your Counselee to TASTE the Goodness of God in Christ so that They' re RUINED for anything Else.

*“Oh taste and see that the Lord is good; blessed is the man who trusts in Him.” Ps. 34:8*



# Homework

- Summarize your main take-aways from this session, especially noting any areas that were either unclear to you or that you might disagree.
- Chapter 7 in *Fundamentals of Faith* work book
- *Spiritual Discipline and the Biblical Counselor* from the book, *Counseling; How to Counsel Biblically*, by John MacArthur (Available @ BBCM \$18.50)



# Going Deeper

- Memorize 2 Tim2:23-26; Lu.6:40; 1 Thess.2:8
- Booklet: *Godliness through Discipline*, Jay Adams
- Book: *Knowing God*, J.I. Packer; see also booklet by same name
- Book: *Trusting God*, Jerry Bridges; see also booklet *You Can Trust God*
- Booklet: *Keeping Appointments* (DeHaan RBC Ministries)
- Book: *Humility, the Forgotten Virtue*, Wayne Mack
- Books: *Humility: True Greatness*, C.J. Mahaney
- Book: *The Cross Centered Life: Keeping the Gospel The Main Thing* C.J. Mahaney
- Book: *Living the Cross Centered Life: Keeping the Gospel the Main Thing* C.J. Mahaney
- Book: *Worldliness: Resisting the Seduction of a Fallen World* C.J. Mahaney



# Next Classes

- II.9 *Getting to Heart Issues*, June 16<sup>th</sup>
- II.10 *Secular and Integration Theories*, June 23<sup>rd</sup>
- II.11 *Physical Illness and Biblical Counseling*, June 30<sup>th</sup>
- II.12 *Counseling and Medication*, July 7

# Bringing the Bible to Life

Biblical Counseling Workshops

June 9, 2014

Wayne Leman

[Leman.wayne@gmail.com](mailto:Leman.wayne@gmail.com)

