

BRINGING THE BIBLE TO LIFE

DISCIPLESHIP CLASSES



HOW DO I CHANGE?

Track I.7

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Understanding Change

Why?

Who?

When?

Into what?

What do we change?

How?



Why Change?

Why

the Human Heart is...

Jer. 17:9

Jer. 17:9

Ezek. 14

James 1

James 4

Heb. 3:12-13

Deceitful

Desperately wicked

Idolatrous

Lustful

Adulterous

Evil



The Process of Temptation

Why

- ¹³Let no one say when he is tempted, “I am being tempted by God,” for God cannot be tempted with evil, and he himself tempts no one. ¹⁴But each person is tempted, when he is lured and enticed by his own desire. ¹⁵Then desire, when it is conceived, give birth to sin: and sin, when it is fully grown brings forth death. ¹⁶Do not be deceived, my beloved brothers. (Ja. 1:13-16)



The Process of Temptation

Why

Rom. 12:1-2

GOAL
Christlikeness



1

Desire—draws away from safety

2

Deceit—disguises the consequences



James 1:13-15

3

Design—intellect devises a plan



4

Disobedience—will consents-does



5

Death—the child develops

Joy

Relationships w/ others

Relationship with God

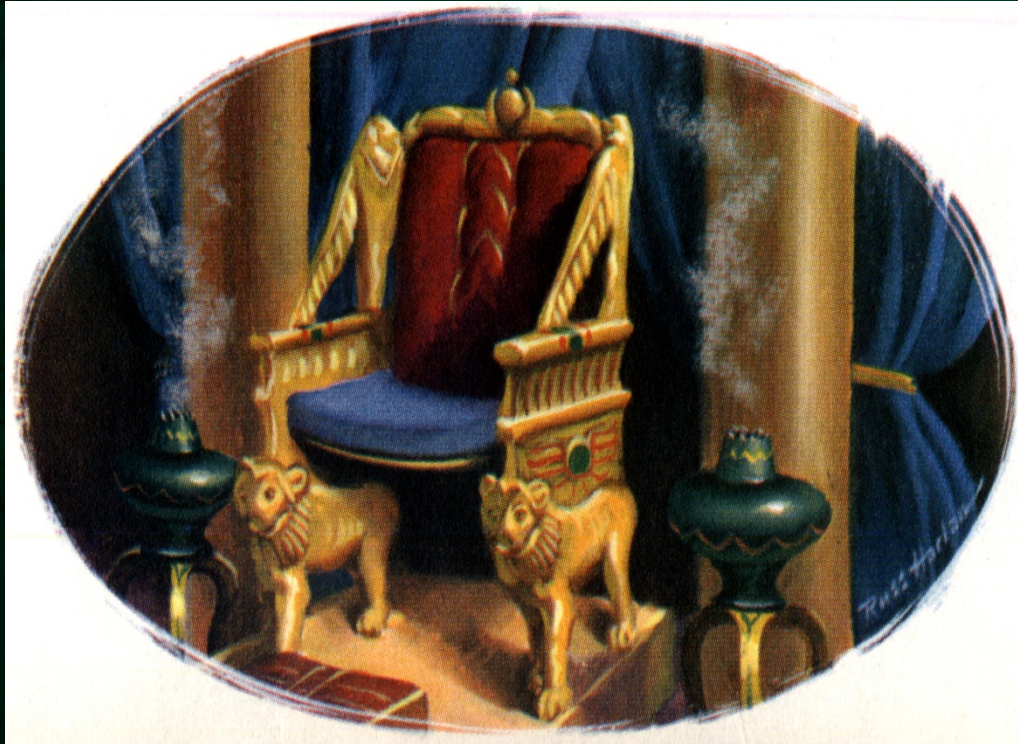
Physical/eternal



Failure to Change Produces...

Why

Idolatry



Self-destruction





Change is Required

Why

Now this I say and testify in the Lord, that **you must no longer walk as the Gentiles do**, in the futility of their minds. (Eph 4:17)

¹⁰For they [earthly fathers] disciplined us for a short time as it seemed best to them, but he [GOD] disciplines us for our good, **that we may share his holiness**. ¹¹For the moment all discipline seems painful rather than pleasant, but later **it yields the peaceful fruit of righteousness** to those who have been trained by it. ¹⁴Strive for peace with everyone, and for the holiness without which no one will see the Lord.
(Heb. 12:9-11,14)



Who Needs Change?

Who

"Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of your sins." Acts 2:38

unbelievers



Who Needs Change?

Who

Therefore, having these promises, beloved, let us *cleanse ourselves* from all defilement of flesh and spirit, *perfecting holiness* in the fear of God.

2 Cor. 7:1

... to equip the saints for the work of ministry, for *building up the body of Christ*,

Eph. 4:12

Believers



Daily Pursuit is Needed

When



¹²Take care, brothers, lest there be in any of you

an evil

unbelieving heart,

leading you to fall away from the living God.

¹³But exhort one another every day, as long as it is called “today,” that none of you may

be hardened by the

Deceitfulness of sin.

Heb. 3:12-13



When are We to Change?

When

... "If anyone wishes to come after Me, he must deny himself, and take up his cross daily and follow Me.

Luke 9:23



What Does Change Look Like?

What

Holy zap



**Let Go
Let God**



**Pull
yourself
up**





What Needs to Change?

What

Search me,
O God, and
know my heart;

Ps 139:23



“A change in behavior that does not stem from a change of heart is not commendable, it is condemnable.”

Ted Tripp

**Ruling
Motives
of the Heart**



***Idolatry
of the Heart***



What is the Heart?

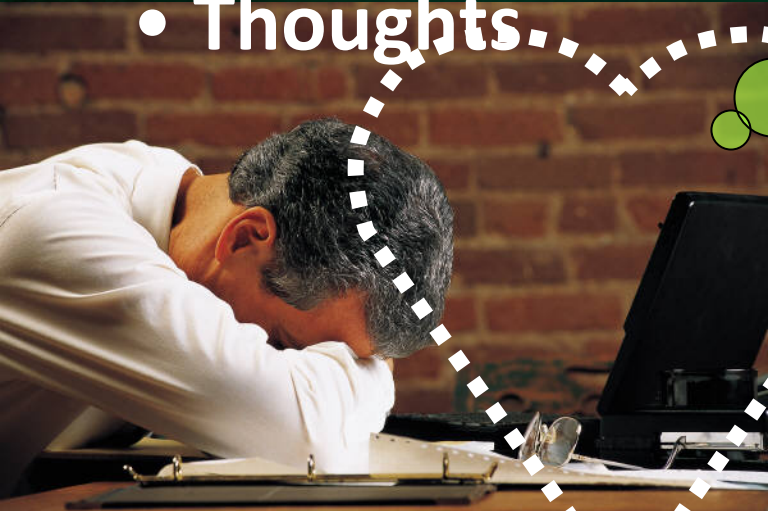
What

- Beliefs
- Attitudes
- Intentions
- Thoughts

as a man thinks in his heart
Perspectives

For out of the heart...

- Issues of life
- Evil thoughts
- Good/evil treasure ¹⁴





Heart- the Seat of Our Worship

What

23 "... the
Father is
seeking such
people to
worship him.

24 "... in spirit
and truth."
Jn. 4:23-24



True Worship



"...doing
the will of
God from
the
heart..."

Eph. 6:6



Change begins with a New Heart

How

"This is My beloved Son, with whom I am well-pleased; listen to Him!"

I dwell ..with him who is of a contrite and lowly spirit

"We make it our aim to please him." - Paul

God

Christ

Us

Through Faith in Christ

"Behold, I have come to do your will." - Jesus

"Behold, I have come to do your will." - David

Washed, clean, holy, sanctified, new creation, Without blemish, Changed from enemy to FRIEND, beyond reproach, the holiness of GOD

God completes His perfection in us as we surrender through faith in Christ, resulting in A NEW PERSON, NEW HEART



Positional Sanctification Enables Progressive Sanctification

How

¹To those who have obtained a faith of equal standing with ours by the righteousness of our God and Savior Jesus Christ: ²May grace and peace be multiplied to you in the knowledge of God and of Jesus our Lord. ³His divine power has granted to us all things that pertain to life and godliness, through the knowledge of him who called us to his own glory and excellence, ⁴by which he has granted to us his precious and very great promises, so that through them you may become partakers of the divine nature, having escaped from the corruption that is in the world because of sinful desire. ⁵For this very reason, make every effort to supplement your faith with virtue, and virtue

Us

with knowledge,

The New Person has all that is needed to grow and change



Positional Sanctification Enables Progressive Sanctification

How

⁶and knowledge with self-control, and self-control with steadfastness, and steadfastness with godliness, ⁷and godliness with brotherly affection, and brotherly affection with love. ⁸For if these qualities are yours and are increasing, they keep you from being ineffective or unfruitful in the knowledge of our Lord Jesus Christ. ⁹For whoever lacks these qualities is so nearsighted that he is blind, having forgotten that he was cleansed from his former sins. 2 Pet, 1:6-9

Us

The only change that glorifies God comes from a renewed heart



The Power for Change

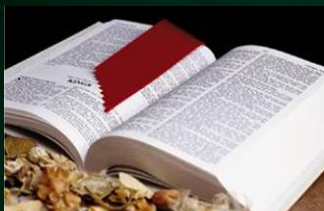
How

H.S.

By **GRACE**, Jesus Christ
empowers us to change through
the Holy Spirit and prayer



The worship of the heart is
the focus of change



The Bible is the Standard
for change

Let us then with confidence draw near to the throne of grace, that we may
receive mercy and find grace to help in time of need. Heb. 4:16 19



The Power for Change

How

¹⁶But when one turns to the Lord, the veil is removed. ¹⁷Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. ¹⁸And we all, with unveiled face, beholding the glory of the Lord, are being transformed into the same image from one degree of glory to another. For this [change] comes from the Lord who is the Spirit.

(2 Cor.

3:18)



The Power for Change

How

⁷“Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. ⁸For everyone who asks receives, and the one who seeks finds, and to the one who knocks it will be opened. ⁹Or which one of you, if his son asks him for bread, will give him a stone? ¹⁰Or if he asks for a fish, will give him a serpent? ¹¹If you then, who are evil, know how to give good gifts to your children, how much more will your Father who is in heaven give good things to those who ask him!

Matt. 7:7-11



Seven Facets of Biblical Change

How

Reason

Therefore, I urge you, brothers,
in view of God's mercy, to offer
your bodies as living sacrifices,
holy and pleasing to God-this is
your spiritual act of worship.

Rom. 12:1-2

Whether, then, you eat or
drink or whatever you do, do
all to the glory of God.

1 Cor. 10:31



Seven Facets of Biblical Change

How

Reason

So we make it our goal to please him, whether we are at home in the body or away from it. 2 Cor. 5:9 NIV

and have put on the new self, which is being renewed in knowledge after the image of its creator. (Col. 3:10 ESV)



Seven Facets of Biblical Change

How

Reason

Remember

"Therefore **remember** from
where you have fallen,

Rev 2:5



Seven Facets of Biblical Change

How

Reason

Remember

Repent

"Therefore **remember** from where you have fallen, and ***repent*** and do the deeds you did at first; or else I am coming to you and will remove your lampstand out of its place -- unless you ***repent.***

Rev. 2:5



Biblical Repentance involves...

How

Reason

Remember

Repent

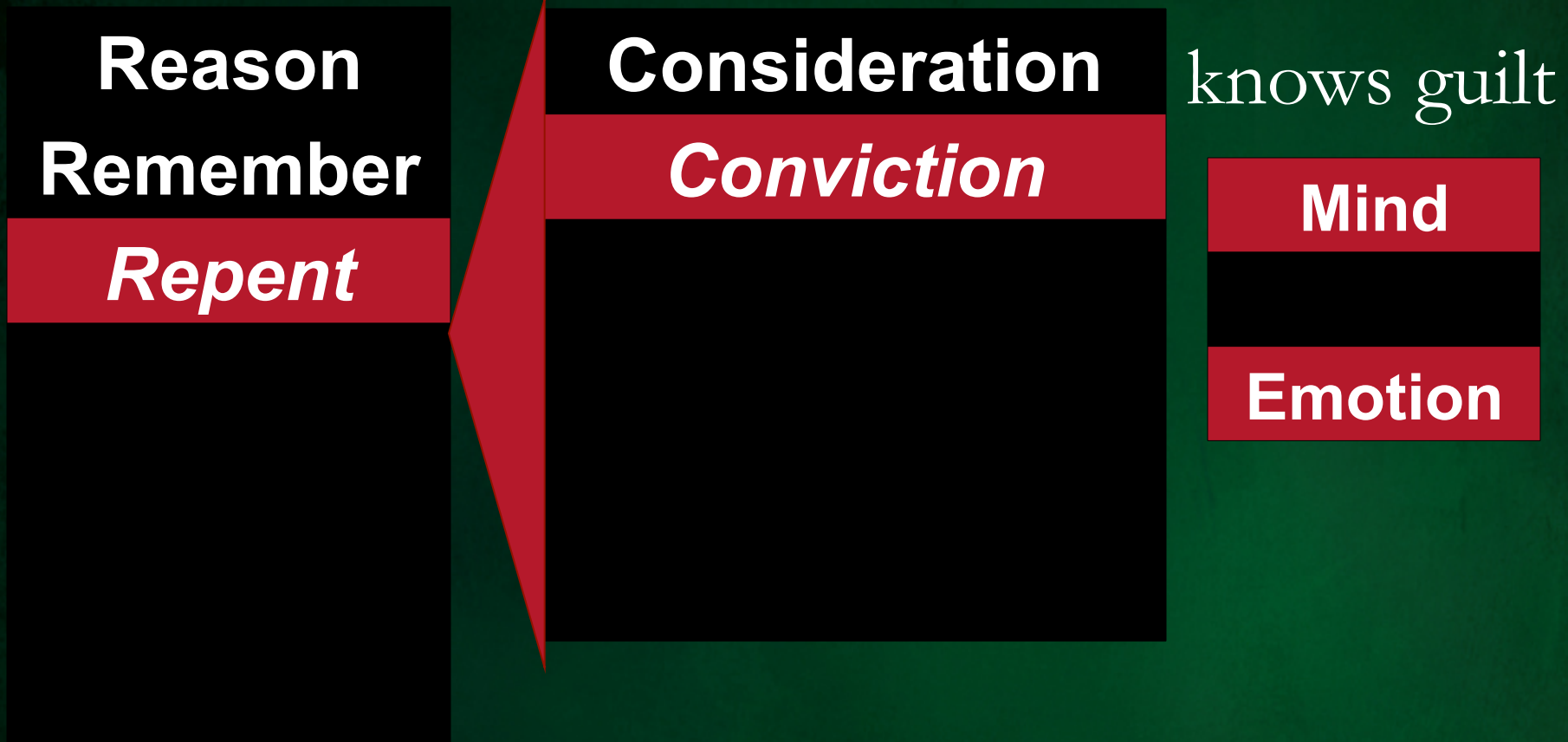
Consideration

Mind

Let us examine our ways and test them, and let us return to the LORD. Lam 3:40 NIV



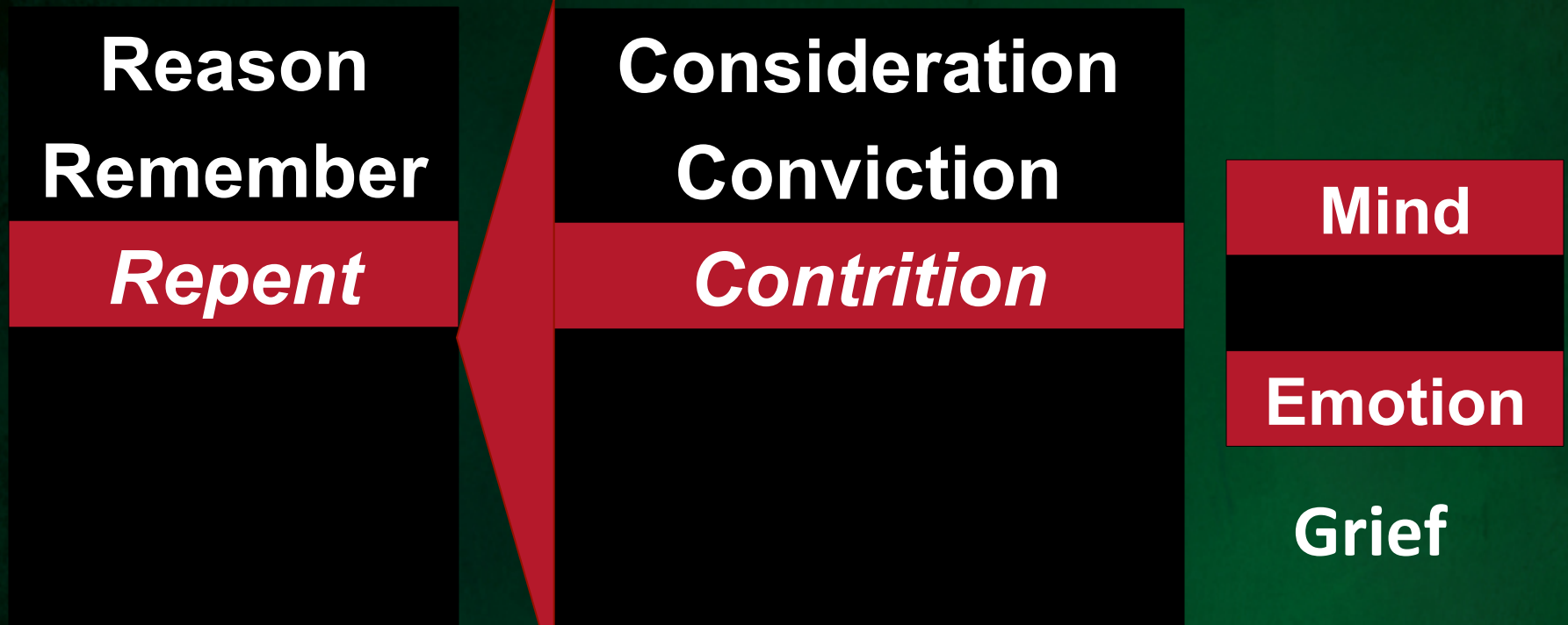
Biblical Repentance involves...



But David's heart struck him after he had numbered the people. (2 Sam. 24:10a)



Biblical Repentance involves...



“I have sinned, for I have transgressed the commandment of the LORD” 1 Sam.15:24

“this is the one to whom I will look: he who is humble and contrite in spirit” Is. 66:2

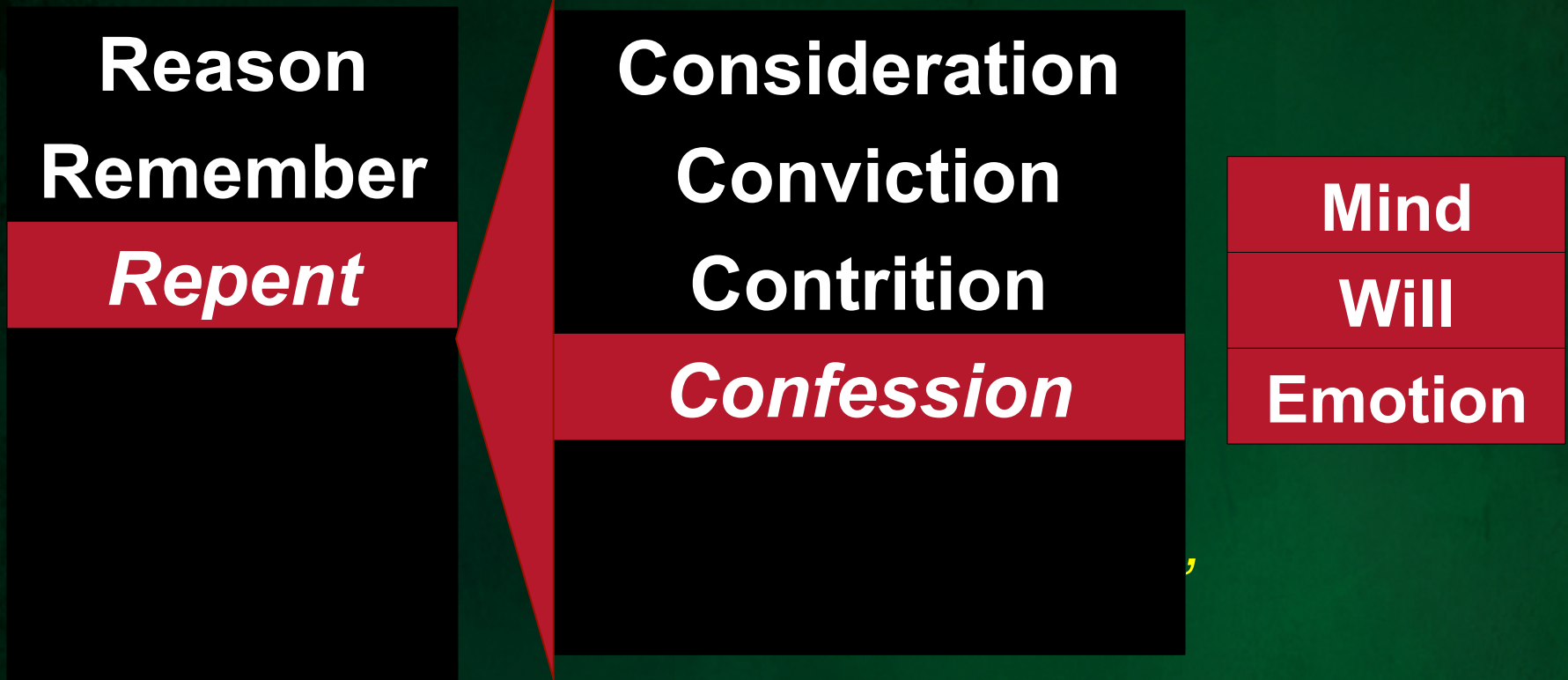


Repentance Involves Grief

Titus] told us of your longing, your mourning, your zeal for me, so that I rejoiced still more. ⁸For even if I made you grieve with my letter, I do not regret it—though I did regret it, for I see that that letter grieved you, though only for a while. ⁹As it is, I rejoice, not because you were grieved, but because you were grieved into repenting. For you felt a godly grief, so that you suffered no loss through us. ¹⁰For godly grief produces a repentance that leads to salvation without regret, whereas worldly grief produces death. ¹¹For see what earnestness this godly grief has produced in you,
(2 Cor. 7:7-11)



Biblical Repentance involves...



... "I have sinned greatly in what I have done. Now, O LORD, I beg you, take away the guilt of your servant. I have done a very foolish thing." 2 Sam 24:10



Biblical Repentance involves...

Reason
Remember

Repent

Consideration

Conviction

Contrition

Confession

Commitment

Mind

Will

Emotions

Turn from-turn towards

“Behold, Lord, the half of my goods I give to the poor. And if I have defrauded anyone of anything, I restore it fourfold.” Lu. 19:8



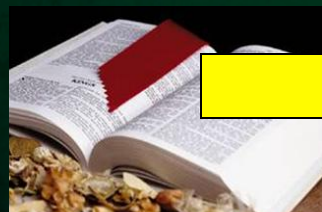
Biblical Repentance involves...

Reason
Remember
Repent

Consideration
Conviction
Contrition
Confession
Commitment
Change

Mind
Will
Emotions

In thinking *1st*





Seven Facets of Biblical Change

Reason
Remember
Repent
Reject

Therefore consider the members of your earthly body *as dead* to immorality, impurity, passion, evil desire, and greed, which amounts to idolatry.

But now you also, *put them all aside*: anger, wrath, malice, slander, and abusive speech from your mouth.

Col 3:5,8



Seven Facets of Biblical Change

Reason
Remember
Repent
Reject
Renew

Do not conform any longer to the pattern of this world, but **be transformed by the renewing of your mind**. Then you will be able to test and approve what God's will is-his good, pleasing and perfect will.

Rom. 12:2



Seven Facets of Biblical Change

Reason
Remember
Repent
Reject
Renew
Re-clothe

and *put on* the new self, which in the likeness of God has been created in righteousness and holiness of the truth.

Eph 4:24

and have *put on* the new self who is ~~being~~ renewed to a true knowledge according to the image of the One who created him --

Col 3:10



Seven Facets of Biblical Change

Reason
Remember
Repent
Reject
Renew
Re-clothe
Rejoice

As it is, I rejoice, not because you were grieved, but because you were grieved into repenting. For you felt a godly grief, so that you suffered no loss through us.
(2 Cor. 7:9 ESV)



A Lifestyle of Change

Are you changing and
growing *at the rate*
God wants you to?

Reason

Remember

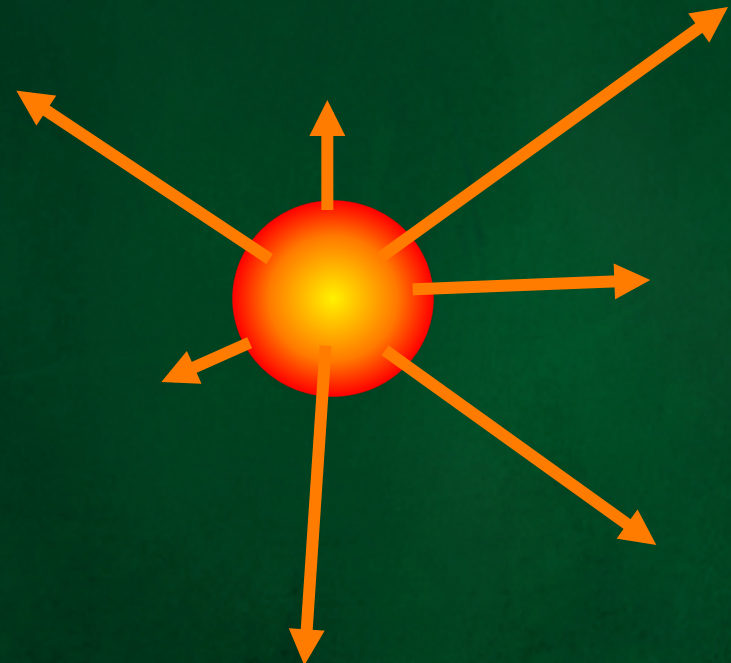
Repent

Reject

Renew

Re-clothe

Rejoice





SUGGESTED HOMEWORK

Summarize tonight's lesson (describe your main take-aways; include suggestions for improvement)

Do Lesson #8 *Fundamentals of Faith* work book;
Lesson on *Prayer*



GOING DEEPER

Memorize Eph. 4:17-24

Good Grief, sermon by Pastor Daniel Bennett

Booklet, *From Pride to Humility*, Stuart Scott

Book: *Respectable Sins*, Jerry Bridges

Workbook, *Walk of Repentance*, Pure Life Ministries

Workbook, *God's Solutions to Life's Problems*, Wayne
Mack