

# God in the Psalms

An exercise in growing in the understanding  
of the character and nature of God



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An exercise in growing in your understanding of God.

God has created you to glorify His name in all the earth.

*Give unto the LORD the glory due unto his name; worship the LORD in the beauty of holiness. Psalm 29:2*

*Even every one that is called by my name: for I have created him for my glory, I have formed him; yea, I have made him. Isaiah 43:7*

There are six main commands God has declared to us so that we can fulfil that purpose. They are to:

1. **Be Holy** – ... *Ye shall be holy: for I the LORD your God am holy.* Leviticus 19:2
2. **Fear Him** – *That thou mightest fear the LORD thy God,* Deuteronomy 6:2
3. **Love Him** – *And thou shalt love the LORD thy God with all thine heart, and with all thy soul, and with all thy might. And these words, which I command thee this day, shall be in thine heart:* Deuteronomy 6:5-6
4. **Worship Him** – *Thou shalt fear the LORD thy God, and serve him, and shalt swear by his name. Ye shall not go after other gods, of the gods of the people which are round about you; (For the LORD thy God is a jealous God among you) lest the anger of the LORD thy God be kindled against thee, and destroy thee from off the face of the earth. Deuteronomy 6:13-15*
5. **Serve Him** – *Then saith Jesus unto him, Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve. Matthew 4:10 (Jesus is probably quoting Deut. 6:13-14 and Deut. 10:20)*
6. **Obey Him** – *Ye shall walk after the LORD your God, and fear him, and keep his commandments, and obey his voice, and ye shall serve him, and cleave unto him. Deut 13:4*

In order to grow in these areas, it is important to develop our understanding of who God is. This exercise is presented to you with that goal in mind.

1. Read a Psalm a day.
2. Make a “T” chart similar to the one below. Identify as many descriptions of God as you can. List them in the left column.
3. Meditate on what you learn about God’s character, nature and attributes.
4. In the right column, write down how you believe God would want you to respond to each description.

5. Throughout the day, focus on living out those responses in all areas of your life; in your words, actions, intentions and thoughts. Commit to living by these right-responses instead of living by your feelings, emotions or sinful desires. *Bring into captivity every thought to the obedience of Christ.* (2 Cor. 10:4-5) God has given you all you need to please Him. *“According as his divine power hath given unto us all things that pertain unto life and godliness, through the knowledge of him that hath called us to glory and virtue: Whereby are given unto us exceeding great and precious promises: that by these ye might be partakers of the divine nature, having escaped the corruption that is in the world through lust.”* Peter 1:3-4 God has promised that he will enable you to go through any experience that He allows to come your way. *“There hath no temptation taken you but such as is common to man: **but God is faithful**, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.”* 1 Corinthians 10:13

<b>Psalm 24</b>	
<b>God’s Character, nature, attributes</b>	<b>My response</b>
Sovereign	Meekness, trust, surrender, peace, calm,
Creator	Awe, praise, worship, wonder,
Holy	Awe, fear, guilt, crying out for cleansing – mercy, love, worship, confession, holy living, hating sin (Ps. 97:10)
Separate	Seeking holiness-separation from sin, worship
Rewarder	Seeking His blessings, blessed, contentment, love
King of glory	Worship, praise, adoration, wonder, humility, love
Lord who is strong and mighty	Trust, peace, no fear, contentment, love, worship
King who seeks relationships with people who seek him	Humility, fulfillment, enrichment, love, worship
Lord over all things	Trust, peace, no fear, contentment, confidence, worship