

S.A.T.

Score yourself on each question according to the ratings below.

5 = never or hardly ever true, 4 = seldom true, 3 = sometimes true, 2 = frequently true, 1 = always or almost always true

1. When making decisions, I consider only how the decision will benefit myself, rather than how the decision will benefit others, and how it can most glorify God.
2. I believe that friendships are more trouble than they are worth
3. I spend more time thinking about my favorite temporal delight than I do thinking about God, His Word or delights of eternal significance. (What do you do with your spare thought life?)
4. I'm more concerned about promoting my interests than God's
5. I think about how others don't love or appreciate me.
6. When people hurt or offend me, I write them off and have little or nothing to do with them.
7. I think about how nice it would be to have others serve me.
8. I become anxious and fearful when I'm not in control of my own surroundings.
9. I'm more competitive than I should be.
10. When meeting a new person, I spend more time thinking about how to impress him/her than about how to minister to him/her.
11. I don't witness to others as I should, due to my fear of being criticized or rejected.
12. I long to be noticed more than I long to be godly.
13. I overreact to criticism by dwelling too long on it or by allowing it to depress me unnecessarily.
14. I have a fear of being rejected, which either keeps me from getting close to others, or causes me to be a "leech".
15. I find it difficult to rejoice with others when I see them blessed with those things which I dearly want.
16. I find it difficult to rejoice when I see others receiving honor and recognition that I feel that I deserve.
17. I'm a taker, rather than a giver.
18. I have great difficulty submitting my will to God's will.
19. I'm stingier than I ought to be.
20. I'm over-protective of those that I love.

Test is based on 100. Take a moment and add up your total points. The closest you are to 100, the more unselfish you are.

For review, complete each of the following sentences in response to each of the above statement:

1. God is pleased/displeased with me regarding this issue because
2. When I respond sinfully in this way, I'm often thinking of
3. My most common response in this situation is
4. The typical result of my actions in this situation is
5. I believe that God wants me to _____ as a result of reviewing this statement.