

# *Bringing the Bible to Life*

Biblical Counseling Workshops



Husband's Role  
Track V.2  
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# Husband's Role in Marriage

Introduction: Two reasons why it is important for us to cover this material:

1)

2)

Three words that describe the husband's role:

## I. Learner - 1 Pet. 3:7

A. A \_\_\_\_\_.

1. World says: "You can't understand a woman."

2. A command that \_\_\_\_\_

3. A command that \_\_\_\_\_

See "Fifty Questions To Ask Your Wife"

B. A command to \_\_\_\_\_

C. Learning affects your \_\_\_\_\_

- Ps.66:18

## II. Lover - Eph. 5:25

A. What is love?

1. American culture doesn't help

2. Biblical view:

- Jn. 3:16

- Gal.2:20

3. Biblical love is \_\_\_\_\_

-Eph. 5:25

## Husband's Role in Marriage

B. What degrees of love are we to show?

1. \_\_\_\_\_ - 1 Jn. 4:19
2. \_\_\_\_\_ - Eph.5:25
3. \_\_\_\_\_ - Eph. 5:25
4. \_\_\_\_\_ - 1 Jn. 3:18
5. \_\_\_\_\_ - Rom.5:8
6. \_\_\_\_\_ - Col.3:19
7. \_\_\_\_\_ - Eph. 5:28,29

### III. Leader - Matt. 20

A. What leadership is not

1. A \_\_\_\_\_
  - a. Parable of laborers - v. 1-16
  - b. Example \_\_\_\_\_ service- 20:17-19
  - c. Example of \_\_\_\_\_ service - 20:20-24
  - d. Theme of \_\_\_\_\_ applied to leadership

"The test of your servanthood is how you  
\_\_\_\_\_ when you are treated like one."
2. All the decision-making.

B. Positive -- pacesetter:

## Husband's Role in Marriage

Situation	Selfish Leader	Servant Leader
1. Children bickering in front of T.V.		
2. Decision to buy a new car.		
3. Wife says something inappropriate at church.		

1. Focus on \_\_\_\_\_ - Eph. 5:25; Phil. 2:20,21; Eph. 6:4
2. \_\_\_\_\_ -oriented- Eph.5:26-28,6:4
3. Set example of \_\_\_\_\_. - Phil.4:9;Jer.35:5-6
4. \_\_\_\_\_ -Eph.4:29
5. \_\_\_\_\_ - 1 Tim. 2:11,12; 1 Tim. 3:4,5,12
6. Lives \_\_\_\_\_ with – Prov. 5:18
7. \_\_\_\_\_ leadership

### Recommended Resources for Further Study:

Adams, Jay. Christian Living in the Home.  
 Farrar, Steve. Point Man.  
 George, Jim. A Husband After God's Own Heart.  
 Mack, Wayne. Homework Manual for Biblical Counseling- Vol. 2.  
 Mack, Wayne. Strengthening Your Marriage.  
 Priolo, Lou. The Complete Husband.  
 Scott, Stuart. The Exemplary Husband.

# 50 Questions To Ask Your Wife

1. What are your 5 favorite foods, with the most favorite first?
2. What are your 5 favorite kinds of meals, with the most favorite first?
3. What are your 5 favorite desserts, with the most favorite first?
4. What are your 5 favorite restaurants, with the most favorite first?
5. What is your favorite color?
6. What are your 5 favorite hobbies, with the most favorite first?
7. What are your 5 favorite recreations, with the most favorite first?
8. What are your 5 favorite sources of reading, with the most favorite first?
9. What gifts do you like?
10. What is your favorite book(s) of the Bible? Why?
11. What is your favorite verse(s) of the Bible? Why?
12. What is your favorite song?
13. What makes you the most fulfilled or happiest as a woman?
14. What makes you the most fulfilled or happiest as a wife?
15. What makes you the most fulfilled or happiest as a mother?
16. What makes you saddest as a woman?
17. What makes you saddest as a wife?
18. What makes you saddest as a mother?
19. What do you fear the most?
20. What other fears do you have?
21. What do you look forward to the most?
22. How much sleep do you need?
23. What are your skills?
24. What is your spiritual gift?
25. What are your weaknesses?
26. What things (personal, home, car, etc.) need repairing?
27. With what chores and responsibilities do you like my help?
28. What caresses do you enjoy the most?
29. What caresses do you enjoy the least?
30. What action of mine provides you the greatest sexual pleasure?
31. What other things stimulate you sexually?
32. At what times do you need assurance of my love the most?
33. How can that love be shown?
34. What can I do that will make it easier to discuss and work on areas or problems that are uncomfortable to you?
35. What concerns do you have that I do not seem interested in?
36. What things do I do that irritate you?
37. What desires do you have that we haven't discussed?
38. What do you enjoy doing with me, with the most enjoyable first?
39. What things can I do that show my appreciation for you?
40. What varying desires (spiritual, physical, emotional, intellectual, social, worth, appreciation, recreational, security, etc.) would you like me to provide?
41. In what ways would you like me to protect you (physically, spiritually, socially, emotionally)?
42. In what ways would you like me to sacrifice for you?
43. What things are first in my life? As you look at me, what do you see? What is your perception of me?
44. What implied or unspoken desires and wishes of yours would you like for me to fulfill?
45. What concerns and interests of yours would you like me to support?
46. How much time would be good for us to spend together each day?
47. In helping family members to use their skills and develop their abilities, what motivating factors would be helpful for me to use?
48. What can I do that provides the greatest comfort and encouragement for you when you are hurt, fearful, anxious, or worried?
49. What personal habits do I have that you would like changed?
50. What ways demonstrate to you that you are a very important person who is as important or more important than I am?

## WAYS A HUSBAND MAY EXPRESS LOVE TO HIS Wife (How to Convince Your Wife You Love Her)

Evaluate the way you express love to your wife. Circle the ways you are neglecting. Ask your wife to go over the list and put a check mark in front of the ways she would like you to express love. Ask her to add other things to the list.

You may express love to your wife by-

1. Functioning as the loving leader of your home.
2. Frequently telling her you love her.
3. Giving her a regular amount of money to spend in any way she chooses.
4. Leading family devotions regularly.
5. Smiling and being cheerful when you come home from work.
6. Helping her wash and dry the dishes at least twice a week.
7. Taking care of the children for at least three hours every week so that she has free time to do whatever she wants.
8. Taking her out for dinner or to do some fun thing at least once a week.
9. Doing the "fix-it" jobs she wants done around the house.
10. Greeting her when you come home with a smile, a hug, a kiss, and an "Am I glad to see you. I really missed you today."
11. Giving her a lingering kiss.
12. Patting her on the shoulder or fanny or bolding her hand or caressing her frequently.
13. Being willing to talk to her about her concerns and not belittle her for having those concerns.
14. Looking at her with an adoring expression.
15. Sitting close to her.
16. Rubbing her back or .
17. Shaving or taking a bath or brushing your teeth before you have sex relations.
18. Wearing her favorite after-shave lotion.
19. Writing love notes or letters to her.
20. Letting her know you appreciate her and what you appreciate about her. Do this often and for things that are sometimes taken for granted. Pretend you are trying to convince her you think she is great and very important to you.
21. Doing the dishes while she relaxes or takes a bubble bath.
22. Playing with her; sharing her hobbies and recreational preferences enthusiastically; including her in yours.
23. Seeking to set a good example before the children.
24. Talking about her favorably to the children when she can hear you and when she cannot.
25. Bragging about her good points as a wife in every other area to others; letting her know you are proud to have her as your wife.
26. Maintaining your own spiritual life through Bible study, prayer, regular church attendance and fellowship with God's people.
27. Handling your affairs decently and in order; structuring your time and using it wisely.
28. Making plans prayerfully and carefully.
29. Asking her advice when you have problems or decisions to make.
30. Following her advice unless to do so would violate biblical principles.
31. Fulfilling your responsibilities.
32. Being sober, but not somber, about life.
33. Having a realistic, biblical, positive attitude toward life.
34. Discussing plans with your wife before you make decisions, and when the plans are made sharing them fully with your wife, giving reasons for making the decisions you did.
35. Thanking her in creative ways for her attempts to please you.
36. Asking forgiveness often and saying, "I was wrong and will try to change."
37. Actually changing where and when you should.
38. Sharing your insights, reading, good experiences with her.
39. Planning for a mini-honeymoon, where the two of you can do whatever you want to do.
40. Giving a low whistle or some other expression of admiration when she wears a new dress or your favorite negligee or .
41. Gently brushing her leg under the table.
42. Being reasonably happy to go shopping with her.
43. Relating what happened at work or whatever you did apart from her.
44. Reminiscing about the early days of your marriage.
45. Expressing appreciation for her parents and relatives.
46. Taking her out to breakfast.
47. Agreeing with her about getting a new dress or some other item.
48. Thanking her when she supports your decisions and cooperates enthusiastically. Especially make it a matter of celebration when she supports and helps enthusiastically at times when you know she doesn't fully agree.
49. Asking her to have sexual relations with you and seeking to be especially solicitous of her desires. Express gratitude when she tries to please you.
50. Buying gifts for her.

## WAYS A HUSBAND MAY EXPRESS LOVE TO HIS Wife (How to Convince Your Wife You Love Her)

51. Remembering anniversaries and other events that are special to her.
52. Watching the TV program or going where she wants to go instead of doing what you want to do. Do it cheerfully and enthusiastically.
53. Being cooperative and appreciative when she holds you, caresses or kisses you.
54. Being cooperative when she tries to arouse you and desires to have sexual relations. Never make fun of her for expressing her desires.
55. Running errands gladly.
56. Pampering her and making a fuss over her.
57. Being willing to see things from her point of view.
58. Being lovingly honest with her-no backdoor messages-no withholding of the truth that may hinder your present or future relationship.
59. Indicating you want to be alone with her and talk or just lie in each other's arms.
60. Refusing to "cop out" or "blow up" or attack or blameshift or withdraw or exaggerate when she seeks to make constructive suggestions or discuss problems.
61. Giving her your undivided attention when she wants to talk.
62. Cheerfully staying up past your bedtime to solve a problem or share what burdens.
63. Getting up in the middle of the night to take care of the children so That she may continue to sleep.
64. Holding her close while expressing tangible and vocal love when she is hurt, discouraged, weary, or burdened.
65. Planning vacations and trips with her.
66. Sometimes helping her yourself instead of telling the children to "help mommy."
67. Being eager to share a good joke or some other interesting information you have learned.
68. Joining with her in a team ministry in the church.
69. Doing a Bible study or research project together.
70. Establishing a family budget.
71. Keeping yourself attractive and clean.
72. Being cooperative, helpful, as a co-host when you have people in for dinner or fellowship.
73. Asking her to pray with you about something.
74. Spending time with the children in play, study, and communication.
75. Acknowledging that there are some specific areas or ways in which you need to improve.
76. Refusing to disagree with her in the presence of others.
77. Cooperating with her in establishing family goals and then in fulfilling them
78. Being available and eager to fulfill her desires whenever and wherever possible and proper.
79. Beginning each day with cheerfulness and tangible expressions of affection
80. Planning to spend some time alone with her for sharing and communication every day.
81. Remembering to tell her when you must work late.
82. Refusing to work late on a regular basis.
83. Taking care of the yard work properly.
84. Helping the children with their homework.
85. Refusing to compare her unfavorably with other people.
86. Handling money wisely.
87. Not allowing work, church, or recreational activities to keep you from fulfilling marriage or family responsibilities.
88. Trying to find things to do with her.
89. Being willing to go out or stay home with her.
90. Being polite, courteous, and mannerly with her.
91. Refusing to be overly dependent on your parents or friends.
92. Developing mutual friends.
93. Providing adequate hospitalization insurance.
94. Trying to the level of your ability to provide housing and some support for your family in case you should die or become handicapped.
95. Being especially helpful and solicitous when she is not feeling well.
96. Being on time.
97. Going to P.T.A. with her.
98. Letting her sleep in once in a while by getting the children breakfast and, if possible, off to school.
99. Frequently giving in to her and allowing her to have her own way unless to do so would be sinful.
100. Putting children to bed at night.
101. Being gentle and tender and holding her before and after sexual relations.
102. Not nit-picking and finding fault, and giving the impression that you expect her to be perfect.



# *Bethany Biblical Counseling Ministries*

*Bringing the Bible to Life*

## **TRACK V** **MARRIAGE AND FAMILY**

20 Week series, Monday nights from 7:45 – 9:00

### V.2 HUSBAND'S ROLE

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#### **HOME WORK**

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- 1) Summarize your main take-aways from this session, especially noting any areas that were either unclear to you or that you might disagree.

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#### **GOING DEEPER-ADDITIONAL MATERIALS, RECOMMENDED FOR FURTHER STUDY**

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- 1) Sermon Audio from Bethany Baptist, Fall 2011 God Centered Husband Part 1 and 2.  
<http://www.bethanycentral.org/resources/audio.asp?filterSeries=55&filterFromDate=10%2F04%2F2011&filterToDate=11%2F17%2F2011&submit=Search>
- 2) *The Complete Husband: A Practical Guide to Biblical Husbanding*, Lou Priolo
- 3) *The Exemplary Husband*, Stuart Scott