

Parenting – Discipline

TGI Biblical Counseling and Discipleship

Part 2

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**THE GOSPEL
INSTITUTE**

Discipline: Session 2

Nurture: How TO
Discipline

Ephesians 6:1–4 (ESV) ¹ Children, obey your parents in the Lord, for this is right. ² “Honor your father and mother” (this is the first commandment with a promise), ³ “that it may go well with you and that you may live long in the land.” ⁴ Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord.

Main Idea

Shepherding parents have a comprehensive strategy to cultivate in their child a heart that loves Christ.

Restated: Nurturing parents are disciplining and instructing in the Lord.

Nurturing Parents **Cultivate**: They prepare their child's heart to trust in Christ alone.

- Three observations from the text about this process of cultivation...
 1. Cultivating is the opposite of provoking.
 2. Cultivating is the overarching goal of the parent.
 3. Cultivating is all about Christ.

Nurturing Parents **Cultivate**: They prepare their child's heart to trust in Christ alone.

- Three things a heart of a child needs to understand in order to be prepared to trust in Christ alone.
 1. Understand sin (and that they are sinners)
 2. Understand grace (contra-legalism)
 3. Understand God (work of Christ)

Nurturing Parents **Discipline**: They have a comprehensive strategy for training children.

- Textual Issues
- Positive Discipline
- Corrective Discipline

Positive Discipline

- As a church

- As individuals

Corrective Discipline

- It is *not* personal payback/vengeance/wrath. (Romans 12:19 ESV)
- It *is* loving, consistent correction designed to bring about a **change of heart**.
- Examples:
 1. Idol
 2. Purpose
 3. Discipline
 4. Forgiveness
 5. Restitution
 6. Spanking

Application Principle

- My goal as a parent is to glorify God.
- My desire for my children is that they love God and love others.
- My parenting, therefore, must be theocentric.
- My desire is for my child's heart to be transformed by the gospel.
- My parenting utilizes many methods to help my child understand and respond to the gospel.
- My understanding of my child's heart is limited and my task is to assess not assume.
- My responses to my children must be infused with the same type of grace I show others I love.
- My parenting is not won or lost in a single moment.
- My discipline is ineffective if I am not aware of what my child has the ability to understand or process.

Nurturing Parents **Instruct**: they have a communication system in place that implements and monitors their training.

- Term: Means to encourage or rebuke.
- Dialogue with your children: Seek to understand what they are saying...really understand!

Nurturing Parents **Instruct**: they have a communication system in place that implements and monitors their training.

- Term: Means to encourage or rebuke.
- Dialogue with your children.
- Teach them about God daily.

Conclusion

Looking Ahead

- Guilt and Repentance –July 24th
- Forgiveness-July 31st