

# **Fear and Worry**

**TGI Biblical Counseling and Discipleship Class**

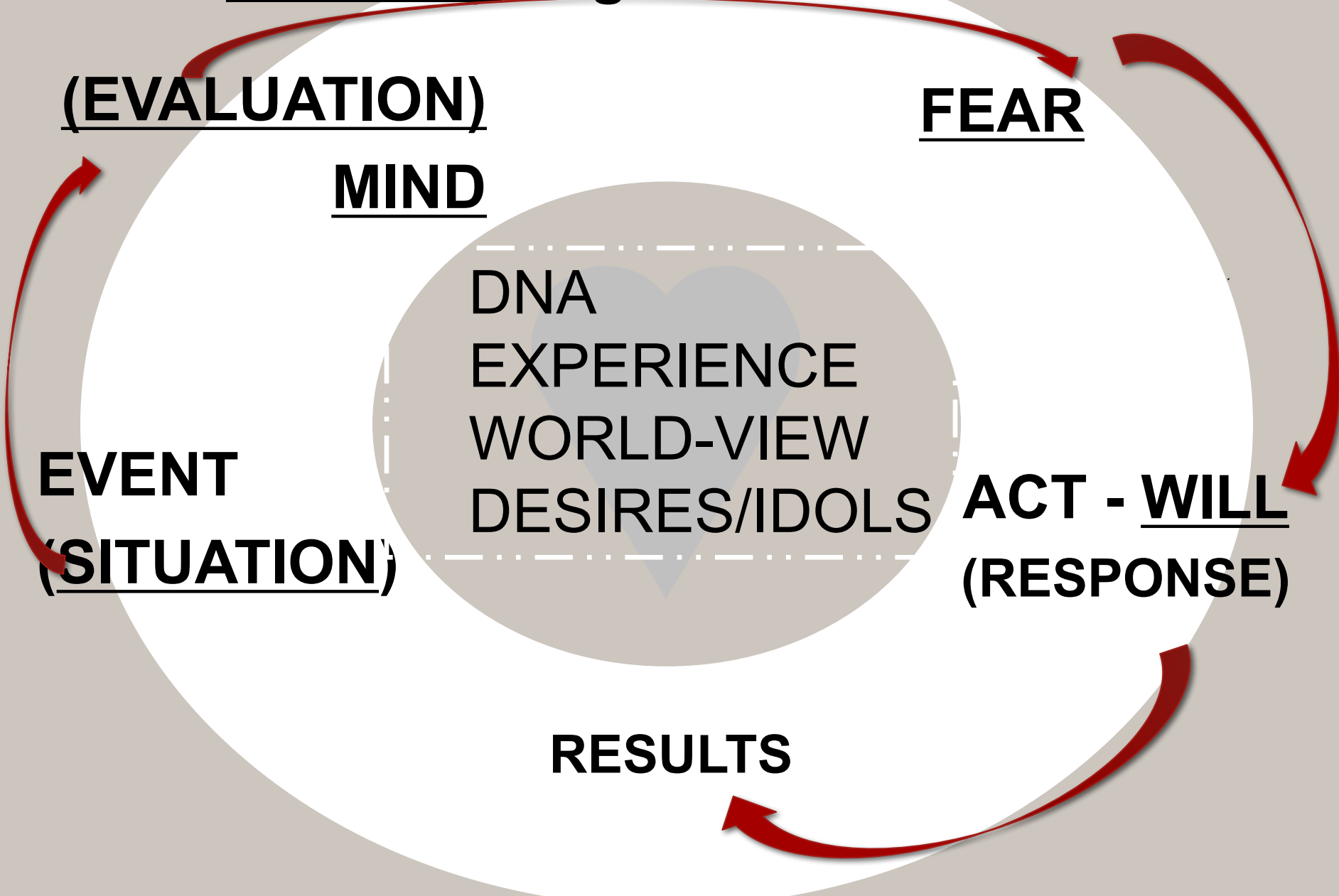
**THE GOSPEL  
INSTITUTE**

Pastor Kent Kloter  
August 14<sup>th</sup> 2017

# Definition of Fear

1. A painful emotion or passion excited by an expectation of evil, or the apprehension of impending danger. (Webster's 1828)
2. One's perception of danger produces a "flight-response"; the root-meaning of the Greek word "phobo" is flight.
3. Fear is "*a whole-person-active response*" (often narrowly described as simply an emotion) that comes from an assessment or perception of impending displeasure, the experience of something unwanted, painful, harmful, dangerous or evil.

# Fear Generally begins in the Mind



# Fear – A Universal Human Experience

1. Fear is a complex combination of intellectual and physiological responses to stimuli producing adrenalin, increasing heart-rate, blood pressure; cold hands, sweating. Extreme fear can result in tunnel-vision; enhanced hearing, heightened sense of smell, etc.
2. God's command to not give way to fear assumes that you will experience fear.
3. Fear (whether normal or sinful) must be responded to appropriately in obedience.

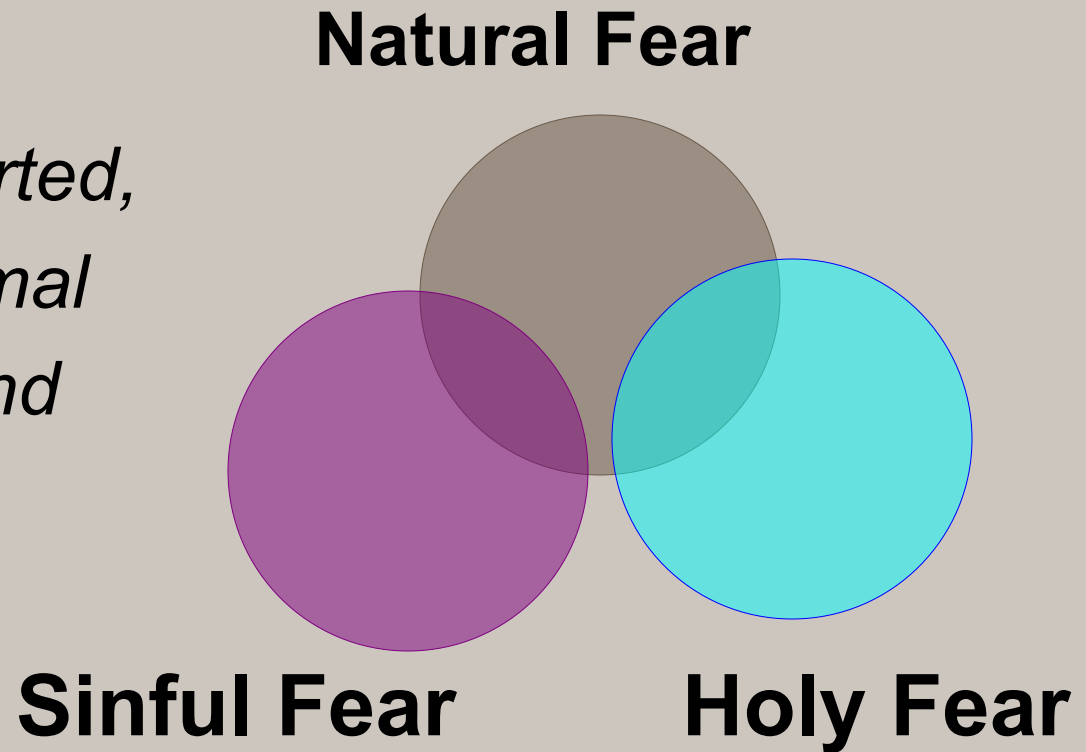
## John Flavel on Fear

*“Natural fear is a normal passion of the soul*

*Sinful fear is the normal  
passion of the soul*

*corrupted and perverted,*

*Holy fear is that normal  
passion sanctified and  
put to holy use”*



# Two Faces of Natural Fear

Natural
Sinful
Holy

- 1) Prudent fear
  - a. keeps us from harm, danger, pain, etc.
  - b. keeps us from evil.
- 2) Awe – dread, veneration, wonder
  - a. standing at the foot of Niagara Falls, edge of the Grand Canyon,
  - b. gazing into a moonless, cloudless sky
  - c. cleaning up after a hurricane
  - d. motivates worship, humility, respect, introspection.

## Examples of Natural Fear

Natural
Sinful
Holy

Abraham - fear of childlessness (Gen. 15).

Jacob feared Esau's vengeance (Gen. 32:7-11).

Manoah was fearful of the angel (Jud. 13).

Disciples experienced fear in the storm (Mk. 4:40).

Jesus in the Garden was "greatly distressed"  
(Mk. 14:33).

Fear is like anger, it is not always sinful, but can quickly morph into sinful fear.

# Sinful Fear - a Result of the Fall

Disruption of...	Effects the Body and Soul
Purity (joy, intimacy)	Guilt, shame, <b>fear</b> , anger
Peace (mind – heart)	<b>Fear</b> , confusion, regret, anger
Pleasure (comfort)	Pain, suffering, anger, <b>fear</b>
Plans (expectations)	Frustration, failure, <b>fear</b> , disappointment, anger
Personal relationships	Isolation, rejection, anger, <b>fear</b>
Provision (ownership)	Loss, <b>fear</b> , hardship, <b>anger</b>
Protection (safety, justice)	<b>Fear</b> , harm, injury, shame, anger



## Fear becomes Sinful...

Natural
<b>Sinful</b>
Holy

1. when it is greater than the **fear** of God.
2. when it is greater than the **love** of God.
3. when it prevents **obedience** to God in thoughts and/or actions.
4. when it motivates **disobedience** to God in thoughts and/or actions.
5. when it prevents the **worship** of God.
6. when it prevents **servicing** God and loving and serving others.

Sinful fear causes us to fail to fulfill life's purposes, worship, glorify, please God.

# Expressions of Sinful Fear

Natural
<b>Sinful</b>
Holy

1. **Fear** of pain, consequences, or outcomes blind us of God's promises and rewards.
2. **Worry/Anxiety** results when the mind dwells on something unwanted, what-ifs, if-onlys, etc.
3. **Panic Attack** is "fear on steroids" involving intense physiological responses.
4. **Fear of fear** occurs when fear-experiences are so disturbing that one becomes afraid of experiencing fear and is disabled.
5. **Fear of Man** is fear or worry of what others think, say, believe, will do, etc.

# Roots of Sinful Fear - Judgment

Natural
<b>Sinful</b>
Holy

1. I will set my face against you, and you shall be struck down before your enemies. Those who hate you shall rule over you, and you shall flee when none pursues you. (Lev. 26:17)
2. There they are, in great terror, where there is no terror! For God scatters the bones of him who encamps against you; you put them to shame, for God has rejected them. (Ps. 53:5)

## Roots of Sinful Fear – Another Law

Natural
<b>Sinful</b>
Holy

1. *I must perform flawlessly; I cannot fail.*
2. *I must meet everyone's approval, be liked by everyone (or by \_\_\_\_\_).*
3. *I must be beautiful as I define beauty.*
4. *I must forgive myself.*
5. *My spouse must think of me as the ultimate spouse.*
6. *My parents must believe in me, accept me, "be there for me".*
7. *Unless \_\_\_\_\_ does \_\_\_\_\_ I can't \_\_\_\_\_.*

## Roots of Sinful Fear – Another Savior

Natural
<b>Sinful</b>
Holy

1. I must deliver myself from my failures.
2. I must achieve \_\_\_\_\_ in order to be forgiven.
3. I must “do penance” to “pay” for my sins, or violations of my self-defined expectations.
4. Until I \_\_\_\_\_ I will not “forgive myself”.
5. Unless \_\_\_\_\_ does \_\_\_\_\_, I can’t \_\_\_\_\_.

# Roots of Sinful Fear – Another Gospel

Natural
<b>Sinful</b>
Holy

1. Unless and until I experience \_\_\_\_\_ cannot “forgive myself” (or receive God’s forgiveness)
2. Binging and purging
3. Starving
4. Overeating
5. Over-exercising
6. Self-loathing; self-punishment

# Roots of Sinful Fear – Pride & Unbelief

Natural
<b>Sinful</b>
Holy

1. Unbelief – Rebellion
2. Lack of the fear of God – Rebellion
3. Lack of faith in the character and promises of God; God isn't good, isn't trustworthy, His promises are empty, His power isn't enough, He isn't Sovereign.
4. Lack of love for God (Jn. 14:24)
5. Pride – I know a better way, e.g. Adam and Eve.
6. Idolatry

# Roots of Sinful Fear - Guilty Conscience

Natural
<b>Sinful</b>
Holy

1. The wicked flee when no one pursues, but the righteous are bold as a lion. (Pr. 28:1)
2. The sinners in Zion are afraid; trembling has seized the godless: “Who among us can dwell with the consuming fire? Who among us can dwell with everlasting burnings?” (Is. 33:14)
3. And I [Isaiah] said: “Woe is me! For I am lost; for I am a man of unclean lips, and I dwell in the midst of a people of unclean lips; for my eyes have seen the King, the LORD of hosts!” (Is. 6:5)



# The Ramifications of Sinful Fear

1. Blinds our view of God
2. Separates from God
3. Destroys motivation to please God
4. Confusion
5. Misery
6. Deception
7. Affliction, guilt, torment, oppression
8. Physical illness, shortened life-span
9. Destruction

Natural
<b>Sinful</b>
Holy

# Definition of Worry

Natural
<b>Sinful</b>
Holy

1. *“Worry is fear in the absence of present danger”* Lou Priolo
2. Worry is the **motions of the heart** [negative energy resulting from consuming thought-patterns about the unknowable] that afflict or distress the soul.
3. Worry results from “transcendent knowing” what should have been or what must be done.
4. Worry fixates on desired outcomes either by attempting to re-write the past or control the future.
5. Worry is the manifestation of self-exaltation.

# Biblical Understanding of Worry

Natural
<b>Sinful</b>
Holy

1. Worry “knows” that God isn’t powerful or good enough to handle the future events.
2. Worry “knows” that God wasn’t powerful or good enough in the past event(s).
3. Worry is the result of failing in spiritual warfare (2 Cor. 10:3-4).
4. Worry is the fruit of an undisciplined mind.
5. Worry is not from God (2 Tim. 1:7).
6. Worry is sin **of omission** (Ja. 4:17) **and commission** (1Jn. 3:4) and is forbidden. (Phil. 4:4-9)
7. **Worry is functional atheism**

## Fear of Man (W. Mack - *Fear Factor*)

Natural
<b>Sinful</b>
Holy

1. Deceptive; Distracting; Destructive; *“Like a tornado in your soul”*.
2. Discourages - *fear not, neither be discouraged.* (Deut. 1:21)
3. Can lead to Depression – Elijah and Jezebel (1 Ki. 19).
4. Leads to grumbling – (Deut. 1).
5. Stirs up jealousy, paranoia - Saul and David.
6. Leads to compromise and disobedience – [Saul] *“I feared the people”* (1 Sam. 15:24).
7. Hypocrisy – Paul confronted Peter (Gal. 2).
8. Physiological evidence - panic, trembling, fainting heart (Deut. 20:3; Ezek. 7:17).

## Scripture and the Fear of Man

Natural
<b>Sinful</b>
Holy

1. The fear of man lays a snare, but whoever trusts in the LORD is safe. (Pr. 29:25)
2. “I tell you, my friends, do not fear those who kill the body, and after that have nothing more that they can do. (Lu. 12:4)
3. And when the Egyptians see you, they will say, ‘This is his wife.’ Then they will kill me, but they will let you live. Say you are my sister, that it may go well with me because of you, and that my life may be spared for your sake.”  
(Gen. 12:12-13)

## Scripture and the Fear of Man (cont'd)

Natural
<b>Sinful</b>
Holy

4. Abraham said, “*I did it because I thought*,  
‘There is no fear of God at all in this place, and they will kill me because of my wife.’ (Gen. 20:11)
5. Nevertheless, many even of the authorities believed in him, but for fear of the Pharisees they did not confess it, so that they would not be put out of the synagogue; or they loved the glory that comes from man more than the glory that comes from God. (Jn. 12:42-43)
6. Fear is contagious (Deut. 20:8)

# Defining Panic Attacks

Natural
<b>Sinful</b>
Holy

1. An overwhelming, debilitating fear that comes on suddenly and lasts for a brief period of time.
2. Physiologically overwhelming; rapid heart-beat, chest pain, (like a heart-attack), perspiring, shaking, shortness of breath, G.I. discomfort, diarrhea, dizziness, chills, hot-flashes, lightheadedness, numbness, tingling.
3. Feeling of going crazy, feelings of losing control, desire to flee, fear of recurring fear-experiences.

# The Progression of a Panic Attack

Natural
<b>Sinful</b>
Holy

1. The initial event.
2. Evaluation based on world-view
3. Subsequent, “anticipatory-fear”, i.e. the fear of the “fear-experience”
4. Prevention, avoidance, controlling environments to prevent recurrence.
5. *“Negative feelings that periodically plague me”*
6. *“Doctor, I don’t know what’s taken over my body...”*



# Re-interpreting a Panic Attack

Natural
<b>Sinful</b>
Holy

1. *“The diagnosis of a panic attack are based solely on symptoms reported by the patient.”*

Dr. Dan Wickert, M.D.

2. A panic attack is an intense \_\_\_\_\_
3. Use S.M.A.R.T. questions - “When did you first experience fear? What was going on?”
4. Look for when he/she/you “turned left from God”.
5. Look for traumatic events or experiences where they’ve made some strong conclusions about God, life, safety, prevention, resolutions, etc.

# The Gospel Transforms Emotions

Natural
Sinful
<b>Holy</b>

1. You must believe that God cares and can address your cares before you'll give them to Him. (1 Pet.5:7)
2. Phil. 4:4-9
3. And my God will supply every need of yours according to his riches in glory in Christ Jesus (Phil. 4:19)

# Sanctifying Our Emotions

Natural
Sinful
<b>Holy</b>

## Repent and turn ....towards...

- Right source of truth
- Right view of God
- Right view of the Gospel
- Right view of ourselves
- Right view of Glory – here and now and Eternal
- Right view of sin and how to repent of sin
- Right view of suffering

# What is Holy, Godly Fear?

Natural
Sinful
<b>Holy</b>

1. Pending judgment – Ananias & Sapphira (Acts 5)
2. The desire to avoid God's wrath, judgment, punishment, displeasure, grief, dishonoring or sully His name.
3. <sup>10</sup>For we must all appear before the judgment seat of Christ, so that each one may receive what is due for what he has done in the body, whether good or evil. <sup>11</sup>Therefore, knowing the fear of the Lord, we persuade others. But what we are is known to God, and I hope it is known also to your conscience. (2 Corinthians 5:10-11)

# What is Holy, Godly Fear?

4. The **fear of the Lord** recognizes who He is (character, nature, attributes), resulting in reverence, respect and awe, love and obedience, (without debilitating fear).
5. The **fear of the Lord** is respect for His Authority, His Position and His Dignity.
6. Let all the earth **fear** the LORD; let all the inhabitants of the world stand in **awe** of him! For he spoke, and it came to be; he commanded, and it stood firm. (Ps. 33:8-9)

# What is Holy, Godly Fear?

7. The fear of the Lord is the unavoidable response to knowing God in Jesus Christ.
8. *For God, who commanded the light to shine out of darkness, hath shined in our hearts, to give the light of the knowledge of the glory of God in the face of Jesus Christ. (2 Cor. 4:6)*
9. *And Israel saw that great work which the LORD did upon the Egyptians: and the people feared the LORD, and believed the LORD, and his servant Moses. (Ex. 14:31)*

# What is Holy, Godly Fear?

C. H. Spurgeon on Godly fear involves:

*“Repentance and confession  
aspirations after holiness,  
the utter rejection of self-complacency and self-  
conceit”*

# What is Holy, Godly Fear?

The **fear of the Lord** is the basis for sound judgment.

<sup>6</sup>...“Consider what you do, for you judge not for man but for the LORD. He is with you in giving judgment. <sup>7</sup>Now then, let the fear of the LORD be upon you. Be careful what you do, for there is no injustice with the LORD our God, or partiality or taking bribes.” ...<sup>9</sup>And he charged them: “Thus you shall do in the fear of the LORD, in faithfulness, and with your whole heart: (2 Chron. 19:6,7,9)



## What is Holy, Godly Fear?

The fear of the LORD is hatred of evil. Pride and arrogance and the way of evil and perverted speech I hate. (Pr. 8:13)

*And Israel saw that great work which the LORD did upon the Egyptians: and the people feared the LORD, and believed the LORD, and his servant Moses. (Ex. 14:31)*

# What is Holy, Godly Fear?

## Obedience

1. A desire for a deeper walk with God. The friendship of the Lord is for those who fear him, and he makes known to them his covenant. (Ps.25:14) (see also Job 28:28; Ps.33:8; Pr. 14:26-27)
2. A desire for the angels to glorify God by your obedience. (Eph.3:10; 1 Pet.1:12; 1 Cor. 11:10)
3. A desire for the unbeliever to glorify God by your obedience in suffering (1 Pet. 2:12).

# What is Holy, Godly Fear?

## Obedience

4. “So the church [was] walking in the fear of the Lord and in the comfort of the Holy Spirit, it multiplied.” (Acts 9:31)
5. Blessed is everyone who fears the LORD, who walks in his ways! (Ps. 128:1)
6. The fear of the Lord is the foundation of pure, moral living. – “*The **fear of the LORD** is clean, [morally, ethically] *enduring for ever:*” (Ps. 19:9)*

# Holy, Godly Fear Overcomes Paralyzing Fear

1. David –bear, lion, Goliath, people
2. Your servant has struck down both lions and bears, and this uncircumcised Philistine shall be like one of them, for he has defied the armies of the living God.” (1 Sam. 17:34-36)
3. And David was greatly distressed, for the people spoke of stoning him, because all the people were bitter in soul, each for his sons and daughters. But David strengthened himself in the LORD his God. (1 Sam. 30:6)

# Holy, Godly Fear Overcomes Paralyzing Fear

4. Elijah - the prophets of Baal
5. Moses – Pharaoh, the people
6. Habakkuk - <sup>17</sup>*Although the fig tree shall not blossom, neither shall fruit be in the vines; the labour of the olive shall fail, and the fields shall yield no meat; the flock shall be cut off from the fold, and there shall be no herd in the stalls:*  
<sup>18</sup>Yet I will rejoice in the LORD, I will joy in the God of my salvation. <sup>19</sup>The LORD God is my strength, and he will make my feet like hinds' feet, and he will make me to walk upon mine high places. (Hab. 3:17-19 KJV)

# Holy, Godly Fear Overcomes Paralyzing Fear

Oh, magnify the LORD with me, and let us exalt his name together! I sought the LORD, and he answered me and **delivered me from all my fears**. Those who look to him are radiant and their faces shall never be ashamed. This poor man cried, and the LORD heard him and saved him out of all his troubles. The angel of the LORD encamps around **those who fear him**, and delivers them. (Ps. 34:3-7)

# Holy, Godly Fear Overcomes Paralyzing Fear

- <sup>1</sup>*The LORD is my light and my salvation; **whom shall I fear?** the LORD is the strength of my life; **of whom shall I be afraid?***
- <sup>2</sup>*When the wicked, even mine enemies and my foes, came upon me to eat up my flesh, they stumbled and fell.*
- <sup>3</sup>*Though an host should encamp against me, **my heart shall not fear**: though war should rise against me, in this will I be confident.*

(Ps 27:1-3)

## Fear, Love, Identity and Power and Purpose

1. for God gave us a spirit not of fear but of power and love and self-control. (2 Tim. 1:7)
2. For all who are led by the Spirit of God

are sons of God. For you did not receive the spirit of slavery to fall back into fear, but you have received the Spirit of adoption as sons, by whom we cry, “Abba! Father!” The Spirit himself bears witness with our spirit that we are children of God, and if children, then heirs—heirs of God and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him. (Rom. 8:15-17 KJV)



## Fear, Love, Identity, Power and Purpose (cont'd)

1<sup>st</sup> Peter's message – “God's grace empowers obedience in trials and suffering thru faith and hope.”

Peter's hope for the suffering is rooted in Identity and purpose.

IDENTITY	PURPOSE
God's	God's
Mine	Mine

If you are going to fight fear, you must know who God is, who God says you are; you must pursue God's eternal purposes and seek to fulfill your own purpose in the milieu of your fears.

## Fear, Love, Identity, Power and Purpose (cont'd)

<sup>9</sup>But you are a **chosen race**, a royal priesthood, a holy nation, **a people for his own possession**, that you may proclaim the excellencies of him who called you out of darkness into his marvelous light.

<sup>10</sup>Once you were not a people, but **now you are God's people**; once you had not received mercy, but now you have received mercy. (1 Pet. 2:9-10)

Peter emphasizes “Identity” as he calls the Believer to suffer well.

# Fear, Love, Identity, Power and Purpose (cont'd)

<sup>12</sup>Beloved, do not be surprised at the fiery trial when it comes upon you to test you, as though something strange were happening to you. <sup>13</sup>But rejoice insofar as you share Christ's sufferings, that you may also rejoice and be glad when his glory is revealed. <sup>14</sup>If you are insulted for the name of Christ, you are blessed, because the Spirit of glory and of God rests upon you. <sup>15</sup>But let none of you suffer as a murderer or a thief or an evildoer or as a meddler. <sup>16</sup>Yet if anyone suffers as a Christian, let him not be ashamed, but let him glorify God in that name. <sup>17</sup>For it is time for judgment to begin at the household of God; and if it begins with us, what will be the outcome for those who do not obey the gospel of God? <sup>18</sup>And "If the righteous is scarcely saved, what will become of the ungodly and the sinner?" <sup>19</sup>Therefore let those who suffer according to God's will entrust their souls to a faithful Creator while doing good.

## Fear, Love, Identity and Power and Purpose (cont'd)

Since therefore the children share in flesh and blood, he himself likewise partook of the same things, that through death he might destroy the one who has the power of death, that is, the devil, and deliver all those who through fear of death were subject to lifelong slavery. (Heb. 2:14-15)

Since the Gospel destroys your greatest fear, what keeps you from trusting God in the present fear?

# Fear Not

## I will Bless and Protect You

1. **Blessings** (Gen. 26:24)
2. “...Be strong and of good courage, and do it: fear not, nor be dismayed: for the LORD God, even my God, will be with thee; he will not fail thee, nor forsake thee, (1 Chr. 28:20)
3. **Protection** - “Do not be afraid, for those who are with us are more than those who are with them.” Then Elisha prayed and said, “O LORD, please open his eyes that he may see.” So the LORD opened the eyes of the young man, and he saw, and behold, the mountain was full of horses and chariots of fire all around Elisha. (2 Ki. 6:16-17)

## **Fear Not, You have a Living Savior and Hope**

When I saw him, I fell at his feet as though dead. But he laid his right hand on me, saying, “Fear not, I am the first and the last, and the living one. I died, and behold I am alive forevermore, and I have the keys of Death and Hades. Write therefore the things that you have seen, those that are and those that are to take place after this. As for the mystery of the seven stars that you saw in my right hand, and the seven golden lampstands, the seven stars are the angels of the seven churches, and the seven lampstands are the seven churches. (Rev. 1:17-20)

# Fear of the Lord Eradicates Fear

1. Brings submission and openness to divine instruction (Ps. 112:1,7,8)
2. Gives strong confidence (Pr. 14:26)
3. Is a fountain of life (Pr. 14:27)
4. Provides wisdom -the ability to see life like God sees life (Ps. 111:10)
5. Prolongs life (Pr. 10:27)
6. The reward of humility and the fear of the Lord are riches, honor and life (Pr. 22:4)

# God's Answer for Worry

1. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own. (Matt. 6:34 NIV)
2. “Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble. (Matt. 6:34 ESV)



## Promise to Overcome Worry

<sup>4</sup>Rejoice in the Lord always; again I will say, Rejoice. <sup>5</sup>Let your reasonableness be known to everyone. The Lord is at hand; <sup>6</sup>do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. <sup>7</sup>And **the peace of God**, which surpasses all understanding, **will guard your hearts and your minds in Christ Jesus.** (Phil. 4:4-7)

## Promise to Overcome Worry

Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. What you have learned and received and heard and seen in me—practice these things, and the God of peace will be with you. (Phil. 4:8-9)

# Are You Willing to Overcome Fear?

1. Make a list of your responsibilities that you have chosen not to fulfill as a result of recurring fear.
2. List at least 10 ways you can specifically glorify God on a 3 x 5 card
3. List at least 10 specific reasons to be thankful on the back
4. Ask God to forgive you for trusting your feelings instead of trusting His Word.
5. With each fear-experience, choose one way to glorify God and thank Him, even though you feel fearful.

1. Fear Not – handout/website
2. Fear and Disobedience – handout/website
3. Fear of Man – handout/website
4. Overcoming Anxiety and Worry, study guide – handout/website
5. Praying according to Philippians 4 – handout/website
6. Daily Bible Readings of Encouragement

Identify the specific commands to “fear not” in each of the following:

Ps. 27:1-3; 118:6; Num. 14:9; Heb. 13:5-6;  
Matt. 25:25; 26:69-74; 1 Sam. 15:24; Pr. 29:25;  
Is. 51:7, 12-13; Ps. 64:1; Matt. 10:28; Ja. 4:7;  
1 Pet. 3:13-14; 2 Ki. 17:37-39; 1 Pet. 5:8-9.

You **cannot** fear God and Satan at the same time.

We can all too often succumb to unbelief as did the ten spies who believed the fortified cities and the giants who occupied them were more powerful than God.

Identify the specific commands to “fear not” in each of the following:

Pr. 3:25-26; Jn. 16:33; 1 Jn. 4:4; Rev. 2:8-10.

A healthy respect for Satan's tactics and a watchful eye against his attacks are crucial. But we are not to cower in fear of the one whom our Savior has conquered.

- [biblicalstrategies.com](http://biblicalstrategies.com)
- Read *How to Handle Trouble*, by Jay Adams, (exposition of Phil. 1:12-26); Memorize the outline on p. 54; Describe how the subjects of this book relate to you.
- Keep a daily S.M.A.R.T -Journal – review your entries with an accountability-partner. Look for patterns of situations, timing, thinking, etc.
- Memorize 2 Cor. 5:9-10

Identify the causes of fear in each of the following passages:

Gen. 21:16-17; 26:6-7; Matt. 10:28; 26:69-74

Gen. 32:11 Mark 4:35-41

Num. 13:25-14:5 John 7:13;20:19

Ps. 23:4; 46:2-3; 56:4 Gal. 2:12

Pro. 1:33; 28:1; 29:25 Heb. 2:15; 13:5-6

Ezek. 11:8 1 John 4:18-19



## Identify what the Bible Commands Us to Fear

Exodus 18:21

Deut.6:2

Joshua 24:14

1 Samuel 12:14

Ps. 96:4,9; 119:120

Proverbs 3:7; 13:13

Matthew 10:28

1 Peter 2:17

Revelation 14:7

## **Describe the consequences of failing to biblically address fear in each passage below:**

Gen. 21:16-17; 26:6-7

1 John 4:18-19

Lev. 26:27-37

Deut. 28:58-67

1Sam. 15:20-25

Pr. 1:33; 10:24; 28:1; 29:25

Matt. 25:14-25

Mark 4:35-41

Luke 21:26

## With what are you to replace fear?

2 Chronicles 20:3-4,12,15-17

Josh 1:9

Ps. 27:1-3,8; 34:4; 46:1-2,7,10-11; 56:4

Pr. 1:20,33; 3:21,24-26; 29:25

Isaiah 41:10

2 Timothy 1:7

I John 4:18-19

## List the Scriptural Solutions to Fear

Deut. 20:1; 31:6

Acts 26:20

Josh. 1:9

Eph. 4:31-32

Ps. 34:4; 46:1-10; 91:15

2 Tim. 1:7

Pr. 3:25-26; 29:25

Heb. 13:5-6

Is. 35:3-4; 41:10,13-14; Is.

1 Pet. 2:21-23

43:2,5

Rev. 2:5

Matt. 6:33-34

Lu. 6:27,35-38;

Describe how each passage addresses the results of the fear of man or how to overcome fear of man.

Lev. 26:6

119:6,46, 69, 110

Num. 14:9; 21:34

Pr. 29:25

Deut. 1:16-17; 3:1-2, 22;

Is. 14:3; 51:12-13

31:6,8

Jer. 22:25; 30:10; 46:5

Josh 10:8

1 Cor. 16:10

Ezra 3:3

Phil. 1:14

Ps. 3:6; 18:4; 27:1; 40:4;

Heb. 13:6

56:3,10; 64:1; 118:6;

## Next Week

- August 21<sup>st</sup> Anger – Kent Kloter
- August 27<sup>th</sup> Depression – Kent Kloter  
Snack Night!

# Self-diagnostic Questions

**I sin to get what I want**

**I sin when I don't get what I want**

**I sin when I get something I don't want**

**I sin when I lose something I have**

**I sin when I get something I've craved (e.g. gloat, flaunt, boast, etc.)**